



COMPLETE FOREIGN & TRANSLATION RIGHTS CATALOG

YORWERTH ASSOCIATES ♦ FALL 2026

Contact Patricia Spadaro ♦ Email: patricia@PublishingCoaches.com

Representing popular titles in self-help & personal growth, business, body/mind/spirit & spirituality, health, parenting & gifted children, children & young adults, select fiction & poetry

New releases are listed at the beginning of each genre in red.

TOP FOREIGN RIGHTS BEST-SELLERS

How to Hug a Porcupine: Easy Ways to Love the Difficult People in Your Life (over 125,000 sold in U.S.; published in 18 foreign editions)

Zen and the Art of Happiness (over 250,000 sold; published in 35 foreign editions)

Honor Yourself: The Inner Art of Giving and Receiving (published in 22 foreign editions)

Think and Grow Rich: The Original Version, Restored and Revised.

You Can Read Anyone: Never Be Fooled, Lied to, or Taken Advantage of Again

Find Out Who's Normal and Who's Not

Tao Te Ching by Stephen Mitchell (over 1 million copies sold in the U.S.)

Be Who You Want, Have What You Want

The Laws of Love: Creating the Relationship of Your Dreams

I've Decided to Live 120 Years: The Ancient Secret to Longevity, Vitality, and Life Transformation

The SuperWoman's Guide to Super Fulfillment: Step-by-Step Strategies to Create Work-Life Balance

SELF-HELP

New Fall 2026:

The Awakening Intuitive: How to Listen to, Trust, and Follow the Voice Within

The Art of Travelling Light: Letting Go of Your Emotional Baggage and Finding Freedom

The Tao of Dying Well: How to Live Fully, Love Deeply, and Leave Peacefully

Feral: A Grown Woman's Guide to a Free and Ferocious Life

Be A Zero: The Art of Staying Calm and in Control Through Life's Ups and Downs

Swedish Christmas: The Simple Gift of Togetherness, Tradition & Joy

40 Ways to Connect with People

Mastering Time Management: 101 Practical Tips to Maximize Productivity and Boost Efficiency

Life's in Session for Parents: From Toddlers to Teens / Teaching Kids "How" to Think not "What" to Think

Life's in Session for Brides: How to Stay Sane While Planning Your Dream Wedding!

The Art of War for Stock Market Investors: Invest like a commander, win like a general

The Mark Twain Book of Quotes: A Collection of Speeches, Quotations & Essays from America's Greatest Humorist

Stoicism Quotes on Money & Wealth: Timeless Financial Wisdom from the Greatest Stoic Minds

The Leonardo da Vinci Book of Quotes: A Collection of Notebooks, Quotations & Reflections from a Renaissance Master

The Stargazers Book of Quotes: Out of this World Quotations for Astrophiles, Dreamers & Space Fans

The Claude Handbook: How to Master Claude AI and Make It Your Most Productive Co-Worker

Seven Marathons. Seven Continents. One Week.: The Remarkable Race of Endurance, Grit & Self-Discovery

The Science of Becoming: A Medical Approach to Self-Transformation

Transcending: Beyond the illusion of self, to the reality of what you are

Every Voice Matters: Social Leadership for Inclusive Innovation

New 2026 spring:
50 Golden Rules of Life

Good Stress Bad Stress

Stoicism Quotes for Mind & Body: Over 200 Quotations on Health & Well-Being

The Navy SEAL Playbook: Principles, Practices & Strategies for Achieving Success

Healing from Narcissistic Abuse

Choosing Help: Your First Step Towards Better Mental Health

101 ways to stop Overthinking

The Emotional Reset

Morning Mastery: 100 Morning Habits to Transform Your Day

Simply Wealthy: The 4-Step Plan for Financial Freedom

The Graphene Mentality: In the Age of Distraction: Build Mental Strength to Dream, Dare, and Deliver

The Soccer Treasure of Quotations

Mom's Book of Wisdom

Anchored: Staying Grounded When Everything Speeds Up

Always Free: How to become financially free to live an inspired life

Negotiate It Right: 16 Rules for landing the best job offer

Be More Strategic: 12 essential practices to build the life and career you want

The Best Fly Fishing is Everywhere

From the Rat Race to Financial Freedom: A Common Man's Journey

Think Before You Click

AI for Everyone

Cryptocurrency And Blockchain For Everyone

New Fall 2025:
Take Back Your Brain: Reclaiming Your Power with Brain-Centered Living

Start With Values: How to Build a Life with Meaning and Purpose

Finding Your True Self: 365 Daily Inspirations for Authentic Living

Name, Claim & Reframe Workbook

Swedish Lagom: Finding Joy in Just Enough

Happier Together: How to Find Your People & Make Friends That Last

Beyond the Pain: Transforming Grief and Disappointment into Growth and Healing

It's Going to Be OK: How to Reset Goals to Succeed in Life

The Character of a Leader: Lessons on Honor and Integrity in Command

The Gandhi Book of Quotes: A Collection of Speeches, Quotations, Essays and Advice

The Power of Karma Yoga: Decoding Ancient Wisdom for Lasting Success

Taming the Turbulent Mind: Yogic Meditation and Mindfulness for Combating Overthinking, Achieving Stress Relief, and Attaining Absolute Peace

Beyond the Brain: The Science of Cosmic Intelligence

The Marcus Aurelius Book of Quotes: Over 150 Quotes from the Greatest Stoic of All Time

Book of Greatest Leadership Quotations

The Benjamin Franklin Book of Quotes

Quotes for All Seasons

I Love Dad: 200 Great Quotes & Reasons Why Fathers Are Awesome

Healing with Haiku: A Poetic Exploration of Self

The Ultimate Financial Freedom Framework: Complete Guide to Achieving Financial Independence

Breakout Trading Made Easy: Maximize Your Profits with Simple Price Action Strategies

The Human TOUCH: A mirror for self-reflection

Truly You: An invitation to be more of your true self

Deep Resilience: A four-step journey to unshakable inner strength

Hair Happiness: Love Your Hair, Love Your Life

Life Lessons from Cricket: Building 20 Qualities for a Successful Life

Running the Old Road in Yellowstone: One Man's Journey of Discovery and Redemption

Quantum and the Subconscious

Go Multisport: Add Fun, Challenge & Exploration to Your World

Go Multisport: Add Fun, Challenge & Exploration to Your World

A Personal Resiliency Program for Healthcare Professionals, First Responders & Other Caregivers

The Menopause Weight Solution: A Woman's Guide to Menopause Without the Pounds

Practical Palmistry: A Comprehensive Guide

How to Raise Entrepreneurial Kids: Raising Confident, Resourceful and Resilient Children Who Are Ready to Succeed in Life

The Instant Anxiety Solution: 5 Simple Steps to Quiet Your Mind & Achieve Calm

Warrior Wisdom: Over 200 Inspirational Quotations from the Greatest Military Leaders

GRACE: A Model for Grieving: A Five-Step Guide for Healing After Loss

The Future of Alzheimer's: Finding Inspiration & Hope Through Expert Insight

Time Bandit: A Simple Method to Prioritize Your Focus and Energy to Do More

Confident Presenter: Inspire Your Audience. Increase Your Influence. Make an Impact.	Think and Grow Rich: The Original Version, Restored and Revised. <i>Fully annotated and indexed. NEW REVISED EDITION.</i> <i>By Napoleon Hill, compiled by Ross Cornwell</i>
The Fitness Mindset: Eat for Energy, Train for Tension, Manage Your Mindset, Reap the Results	100 Great Events that Changed the World
Winning Pickleball: Expert Strategies for Next Level Play	Seven Steps to Inner Power: How to Break Through to Awesome
Self-Care Is Essential: A Personal Resiliency Program for Healthcare Professionals, First Responders & Other Caregivers	How to Hug a Porcupine: Easy Ways to Love the Difficult People in Your Life
The Jealousy Handbook: Exercises and Insights for Managing Open Relationships	I've Decided to Live 120 Years: The Ancient Secret to Longevity, Vitality, and Life Transformation
Life on the Green: Lessons and Wisdom from Legends of Golf	Mindfulness in Nature
Tech-Life Balance: 101 Ways to Thrive in a Digital World	Live Passionately: The Blueprint to Design a Life Truly Worth Living
The Subtle Art of Dealing with People	The Rewired Life: Creating a Better Life through Self-Care and Emotional Awareness
Play Together: Games & Activities for the Whole Family to Boost Creativity, Connection & Mindfulness	The Rewired Life Workbook: A Manual for Wellness
30 Days to Love: Daily Meditations and Actions for Finding Real Love	Life's in Session! New Year's Goals: 99 Ways to Accomplish Your New Year's Goals
Unraveling Motherhood: Understanding Your Experience through Self-Reflection, Self-Care & Authenticity	Life's in Session! You Only Live Once: Inspiration for a Changing World
Name, Claim & Reframe: Your Path to a Well- Lived Life	Life's in Session! For Breakup & Divorce: Principles to Let Go and Live Now
Timeless Tales to Ignite Your Mind	The Happiness Manual: 21 Ways to Stay Happy No Matter What
The Resilient Athlete: A Self-Coaching Guide to Next Level Performance in Sports & Life	Transforming Everyday Conflict: Tools, Tips and Roadmaps to Better Communication and Stronger Relationships
101 Affirmations for Addiction & Recovery	The SuperWoman's Guide to Super Fulfillment: Step-by-Step Strategies to Create Work-Life Balance
Zen and the Art of Happiness (over 250,000 sold)	
Honor Yourself: The Inner Art of Giving and Receiving	30 Days to Happiness: Daily Meditations and Actions for Finding True Joy within Yourself

Name, Claim & Reframe: Your Path to a Well-Lived Life

The Charisma Factor: Unlock the Secrets of Magnetic Charm and Personal Influence in Your Life

Go to Help: 31 Strategies to Offer, Ask For, and Accept Help

When You're Falling, Dive: Lessons in the Art of Living

Making Peace with Death and Dying: A Practical Guide to Liberating Ourselves from the Death Taboo

Kung Fu - Everyone's Invited: 8 Smart Self-Defense Techniques You Must Know

The Resilient Warrior: Battle-Tested Life Hacks for Military Men & Women

Inclusive Intelligence: How to be a Role Model for Diversity and Inclusion in the Workplace

Resilience: How We Find New Strength in Times of Stress

Finding Hope: The 12 Keys to Healing Hardship, Hurt & Sorrow

Say It Now! Say It Right! How to Handle Tough or Tender Conversations

Supermindful: How to Tap into Your Creativity

A Life Without Fear: How to Release Your Depression and Anxiety

Go Far: How Endurance Sports Help You Win At Life

Totally Real: A Blueprint to Reboot Your Life

Smash It! The Art of Getting What YOU Want

Warrior's Book of Virtues: A Field Manual for Living Your Best Life

Transform Through Travel: Connecting Across Cultures

Meditation for Life: How Mind Training Improves Relationships, Career, Health and Happiness

Gorgeous! How to Look and Feel Fantastic Every Day

Water Up Fire Down: An Energy Principle for Creating Calmness, Clarity, and a Lifetime of Health

Say Goodbye to Plastic: A Survival Guide for Plastic-Free Living

Bright Green Lies: How the Environmental Movement Lost Its Way and What We Can Do About It

PS I Love Me: 12 Steps for a Self-Love Transformation

Expat Wife, Happy Life! The Journey of a Serial Expat

Unattended Sorrow: Recovering from Loss and Reviving the Heart *(by bestselling author Stephen Levine)*

Making Peace with Death and Dying: A Practical Guide to Liberating Ourselves from the Death Taboo

The Red Thread: The Everlasting Invisible Connections Between Us

Small Happiness & Other Epiphanies

A Beautiful Morning: How a Morning Ritual Can Feed Your Soul and Transform Your Life

Raising Will: Surviving the Brilliance and Blues of ADHD

Love Is Action: How to Change the World with Love

Stop Stalling and Start Writing: Kick the Excuses and Jumpstart Your Nonfiction Book

The Kindness Quotient: How the Power of Kindness Creates Success at Home, At Work and in the World

How Much of Yourself Do You Own? A Process for Building Your Emotional Resources

Listening for Well-Being: Conversations with People Not Like Us

Great Stories by Nobel Prize Winners

The World's 100 Greatest Speeches

100 Great Events That Changed the World

52 Questions for Friends: Learn More about Your Friends One Question at a Time

52 Questions for Relationships: Learn More about Your Relationship One Question at a Time

52 Questions for Families: Learn More about Your Family One Question at a Time

Are We Happy Yet? Eight Keys to Unlocking a Joyful Life

Digging Deep: Unearthing Your Creative Roots through Gardening

The Power Brain: Five Steps to Upgrading Your Brain Operating System

The Brain Power Classroom

The Joy of Me: The Art of Being Selfish

How to Get to Awesome: 101 Ways to Find Your Best Self

Everyday Happiness Mantras: Maps to the Happiness Quotient

5 Break-Free Truths: Discover Your Potential and Achieve Extraordinary Success

Aging with Wisdom: Aging with Wisdom

Live the Best Story of Your Life: World Champion's Guide to Lasting Change

Be Positive, Think Positive

The World's Most Inspiring Thoughts

It's All a Matter of Attitude

Aspire Before You Expire: A World-Class Manual on Why & How to Pursue Your Dreams

Be Happy and Live Long: Manage your Stress and Time, Happily!

Living Tao: Timeless Principles for Everyday Enlightenment

The Law of Attraction: Making It Work for You

A Quantum Life: Using Mysteries of Science to Create the Life You Want

Connecting: Rewire Your Relationship-Culture

Successful Survivors: The 8 Character Traits of Survivors and How You Can Attain Them

The Laws of Love: Creating the Relationship of Your Dreams

Happy Together: Creating a Lifetime of Connection, Commitment, and Intimacy

Find Out Who's Normal and Who's Not

You Can Read Anyone: Never Be Fooled, Lied to, or Taken Advantage of Again

The Alcoholism and Addiction Cure

Be Who You Want, Have What You Want

The Little Book of Secrets: Gentle Wisdom for Joyful Living

How to Love Your Kids More than You Hate Your Ex

Manners that Matter Most: The Easy Guide to Etiquette At Home and In the World

The Secret Strength of Angels: 7 Virtues
to Live By

A Fistful of Love: Wisdom and Humor from a
Monk's Bowl

100 Inspiring Stories to Uplift Your Life

Peace in Our Hearts, Peace in the World

Change: Realizing Your Greatest Potential

Read Yourself, Read Others: Recognize the Right
Partner at First Sight

Fly like a Dragon: 108 Tao Principles to reach
Your Goals

Effortless Meditation (not Indian subcontinent)

Psychology & the Perennial Philosophy

Death as Gateway to Eternity

The Compassionate Warrior

The Meditation Lifestyle: Going Beyond the
Practice

As We Grieve

5 Steps to a Quantum Life: How to Use the
Astounding Secrets of Quantum Physics to
Create the Life You Want

Give Wings to Your Dreams

5 Minutes a Day Dream-Action Path

Fulfill Your Soul's Purpose

Brain Wave Vibration

Principles of Brain Management: A Practical
Approach to Making the Most of Your Brain

In Full Bloom: A Brain Education Guide for
Successful Aging

Stop the Fear: Finding Peace in a Chaotic World

Hang in 'Til the Miracle Happens

Follow Your Feelings

Make Your Heart Sing

Encyclopedia of Numerology: The Mysteries of
Numbers Revealed by the Ancient Masters

BUSINESS

New Fall 2026:

**Mastering Time Management: 101 Practical Tips
to Maximize Productivity and Boost Efficiency**

**The Art of War for Stock Market Investors: Invest
like a commander, win like a general**

**The Claude Handbook: How to Master Claude AI
and Make It Your Most Productive Co-Worker**

**The Entrepreneur's Roadmap: Your guide to
creating a winning business in the age of AI**

**The AI Alarm Bell: Artificial Intelligence and how
to save human culture before it's too late**

**The Hustle Mindset: How to build a successful
start-up through grit and grind**

**The Care Factor: Leading with care for self,
people, results and values**

**The One-Page Keynote: How to design a speech
that always works, no charisma required**

**Breaking Out Of Founders' Prison: Make the shift
and scale your business**

New Spring 2026:

**Simply Wealthy: The 4-Step Plan for Financial
Freedom**

**Master the Change Maze: A leader's guide to
transformation without chaos**

Happiness Is a Serious Business: Why happy teams are more successful and how to build them

Always Free: How to become financially free to live an inspired life

Be More Strategic: 12 essential practices to build the life and career you want

The Happy Business Revolution: How to make your business great for you, your team and your customer

The Way of the Catalyst: How Leaders Create Meaningful Impact Without Being Consumed in the Process

The Corporate Success Pathway: Proven Strategies for Coaches, Consultants and Trainers to Consistently Win Corporate Clients

Shiftcode Leadership: A guide to building thriving teams

Negotiate It Right: 16 Rules for landing the best job offer

From the Rat Race to Financial Freedom: A Common Man's Journey

New Fall 2025:

The Character of a Leader: Lessons on Honor and Integrity in Command

The Practical Marketer: Your Ultimate Guide to Consumer Product Marketing

The 10X Leader: Breaking the Rules of Conventional Leadership

The Bookability Formula: What the 1% most-booked speakers do (and you can too)

The Resilient Leader: Lessons in Navigating through Crisis and Opportunity

Happiness Is a Serious Business: Why happy teams are more successful and how to build them

Present with Presence: Everything you need to plan, prepare and deliver with impact in any situation

Connected & Engaged: How to Manage Digital Distractions and Reconnect with the World Around You

The Art of Interrogation: Mastering Techniques, Psychology, and Strategy in Modern Interrogation

AI for Agencies: Lead Your Team Through the Biggest

The Ultimate Financial Freedom Framework: Complete Guide to Achieving Financial Independence

Breakout Trading Made Easy: Maximize Your Profits with Simple Price Action Strategies

Options Trading Made Simple: A Beginner's Crash Course in Options Trading

Book Magic: Become an author faster and transform your expertise into business gold

Data Means Business: A practical guide to creating value with data and AI

Leadership Is a Skill: Transform your impact as a leader

The Neglected Acts of Leadership: And how music can help you rediscover them

The Heart of Finance: Emotional intelligence for financial planners

Unleash the Inner CEO: Make Distributed Leadership a Reality

Small Business, Big Profit: Work Less, Earn More, Build Wealth

Boost Your Business Value: How to Build an Investable, Viable and Saleable Business

- Human Force: The Power of Emotions in a Changing Workplace
- Key Person of Influence: The Five-Step Method to Become One of the Most Highly Valued and Highly Paid People in Your Industry
- 24 Assets: Create a Digital, Scalable, Valuable and Fun Business That Will Thrive in a Fast Changing World
- Building Resilient Teams: How to Transform Your Workplace, Your Community and Your World
- Think and Grow Rich: The Original Version, Restored and Revised, Now fully annotated and indexed NEW REVISED EDITION (2015). By Napoleon Hill, Compiled by Ross Cornwell
- Top Visionaries Who Changed the World: *Featuring Steve Jobs, Bill Gates, Mark Zuckerberg, Warren Buffett, Elon Musk, Oprah Winfrey, Tony Robbins, Richard Branson & Arnold Schwarzenegger*
- Also sold as separate books:*
- Jack Ma: Success Secrets
 - Steve Jobs: Success Secrets
 - Bill Gates: Success Secrets
 - Mark Zuckerberg: Success Secrets
 - Warren Buffett: Success Secrets
 - Elon Musk: Success Secrets
- The Influencer Code: How to Unlock the Power of Influencer Marketing
- Buddha at Work: Finding Balance, Purpose and Happiness at Your Workplace
- The Million Dollar Decision: Get Out of the Rigged Game of Investing and Add a Million to Your Net Worth
- Rise to Success: The Secret Power of Your Brain to Change Your Life
- Passion to Lead: Advice for Inspirational Leaders
- Success Secrets of Entrepreneurs
- Inclusive Intelligence: How to be a Role Model for Diversity and Inclusion in the Workplace
- How to Write a KILLER LinkedIn Profile... and 18 Mistakes to Avoid
- Risk It! How to Use Your Intuition to Revolutionize Risk Taking
- Persuade: How to Persuade Anyone about Anything
- 5 Conversations: How to Transform Trust, Engagement and Performance at Work
- Called to Lead: Success Strategies for Women
- Knock It Out of the Park: The ABC's of Entrepreneurial Success
- Secrets of Successful Sales
- The Profit Secret: How to Sell More at a Higher Margin
- Play the Game: How to Win in Today's Changing Environment
- This Is Your Moment: Find and Follow Your Unique Path in Life and Your Business
- People Power: Transform Your Business in the Era of Safety and Wellbeing
- Becoming a 3D CEO: The Ultimate Guide to Unleashing Your Inner Leader
- The Thoughtful Leader: How to Use Your Head and Your Heart to Inspire Others
- Business Is Personal: Be the Leader of Your Life and Business
- Dare to Scale: How to Grow Your Business Gracefully
- More to Give: Stepping into Your New Life at Any Age
- The Step-Up Mindset for Senior Managers

Achieve Beyond Expectations: Master the 5 Intangibles to Make the Impossible, Possible!

Breaking Ceilings: Your Company's Blueprint for Achieving True Sustainable Growth

Be a Network Marketing Millionaire: Proven Step-by-Step Formulas to Achieve Your Dream Life Faster

Raise the Bar, Change the Game: A Success Primer for Budding Entrepreneurs Who Want to Change the World

Small Mistakes, Big Consequences: Develop Your Soft Skills to Help You Succeed

Emotional Poverty in All Demographics: How to Reduce Anger, Anxiety, and Violence in the Classroom

Brand Intimacy: A New Paradigm in Marketing

Faster, Smarter, Higher: Managing Your Career

MBA through Stories: The Art of Effective Management through 44 Effective Stories

It's OK to Be Rich: The Entrepreneur's Guide to Increased Wealth and Personal Mastery

Workplace Stability: Creating Conditions That Lead to Retention, Productivity, and Engagement in Entry-Level Workers

Dissolve the Box: Don't Just Think Out of the Box

Stop the Saboteurs: Conquer Negative Thoughts that Hurt Your Revenue and Your Brand

The Science of Sales

It's All About Millimeters: How Small Changes Can Make a Big Impact in Your Business and Your Life

Business Balance & Beyond

The Problem with Money? It's Not About the Money—Mastering the Unexamined Beliefs That Drive Our Financial Lives

What It Takes to Be an Entrepreneur

Power, Passion, and Purpose: 7 Steps to Energizing Your Life

BODY, MIND, SPIRIT & SPIRITUALITY

New Fall 2026:

The Awakening Intuitive: How to Listen to, Trust, and Follow the Voice Within

The Tao of Dying Well: How to Live Fully, Love Deeply, and Leave Peacefully

God of Love: A Guide to the Heart of Judaism, Christianity, and Islam—*Revised and Expanded*

Love Will Lead Me Home: A Sixteen-Year-Old's Near-Death Vision of Hope for Humanity

The Beloved Will Guide You: St. John of the Cross and the Triple Dark Night of Our Times

In Quest of God: Fifty Years on the Direct Path of Ramana Maharshi

What Happened at Tassajara Stories: Stories of the First Zen Buddhist Monastery in the West 1968—1971

Duino Elegies: Bilingual Edition / Rainer Maria Rilke, A New Translation by Mark S. Burrows

What Enters Through the Open Heart: Poems

The Long Road to Holy Island: A Novel

Shining Darkness: Tales of Violence and Love

Psalms Between Us: A Rabbi and His Christian Mother on Faith, Love, and Loss

Charles Eastman (Ohiyesa): Philosopher & Activist

:
Born in Secrecy – Maaminim: The Practical Kabbalah of Shabbatai Sevi

The Wholeness of a Broken Heart: Pathways to Resilience and Renewal

New Spring 2026:

Mysteries of the Tao: Bridging East and West

Experiencing God: 36 Ways According to Saint Francis of Assisi

Break Free from Overthinking: 5 Spiritual Tools to Reclaim Your Peace of Mind

This and That: Selected Short Poems of Zen Master Ryokan

Embodying the Goddess: How to Awaken Curiosity and Reverence on the Spiritual Path

The Gita Story

Wisdom from the Bhagavad Gita

Epic Katha: Stories from the Vedas, Puranas, Upanishads, Ramayana, Mahabharata and Folklore

Swami Kripalu's Ladder of Yoga

Amar Purana: 22 Eternal Stories from the Sacred Texts of India

Living with Faith and Patience: Sai Baba's Teachings in the Light of Advaita

A Path Out of Exile: With Gurdjieff in Post-war Paris

Between Two Worlds: My Fifty Years in the Gurdjieff Work

Rending the Veil: The Mysticism of the Gospel of Philip

Every Inch a Saint: A Novel About Eileen O'Connor, Australia's Second Saint-in-Waiting

Girl in a Box: Seeking Enlightenment as a Tibetan Buddhist Nun

Mantras: Tools for the Mind

Finding Your True Self: 365 Daily Inspirations for Authentic Living

Practical Palmistry: A Comprehensive Guide

The Power of Karma Yoga: Decoding Ancient Wisdom for Lasting Success

Take Back Your Brain: Reclaiming Your Power with Brain-Centered Living by Ilchi Lee

Swami Kripalu's Yoga of Success and Self-Realization

An Island to Myself: The Place of Solitude in an Active Life

Virtues of the Irish Saints: A Journey of Faith, Peace and Love

I Had a Good Teacher: Practicing Suzuki Roshi's Way of Zen

Karmic Relief: How a Vedic Idea Came to the West to Maximize Joy, Healing, and Fulfillment

Psychic Reiki: Divine Life-Force Energy Healing

Zen at the End of Religion: An Introduction for the Curious, the Skeptical, and the Spiritual but Not Religious

Tassajara Stories: A Sort of Memoir/Oral History of the First Zen Buddhist Monastery in the West—The First Year, 1967

Sacred Letters: Sanskrit, Yoga, and Awakening the Divine

Practicing Safe Zen: Navigating the Pitfalls on the Road to Liberation

Seeing into the Life of Things: Imagination and the Sacred Encounter

Contemplate: Essays toward an Expansive Heart

Leaving the Shore: Experiencing Poetry as Prayer

Mystic Nomad: A Woman's Wild Journey to True Connection	The Perennial Philosophy Reloaded: A Guide for the Mystically Inclined
Then May the Senses Fall: Evelyn Underhill's Forgotten Fiction	Sweet Hunter: The Complete Poems of St. Teresa of Ávila (New translation, bilingual edition)
My Son, the Priest: A Mother's Crisis of Faith,	The Holy Ordinary: A Way to God
Soul Songs: A Strand of Praise	Everything Starts from Prayer: Mother Teresa's Meditations on Spiritual Life for People of All Faiths
The Rooster Princess and Other Tales: Jewish Stories Re-populated with Spunky Heroines, Wise Women, Brave Crones, and Powerful Prophetesses	Secrets of the Golden Age Prince: Francis Bacon
My Legs Were Praying: A Biography of Abraham Joshua Heschel	The Art of Coexistence: How You and I Can Save the World (by New York Times bestselling author Ilchi Lee)
Wedding at the Graveyard: And Other Stories of the Jewish Fantastical	Timeless Tales to Ignite Your Mind
That Was Zen, This Is Tao: Living Your Way to Enlightenment (from the author of the popular <i>Zen and the Art of Happiness</i>)	Compassion as Remedy in Tibetan Medicine: Healing Through Limitless Compassion
A New Humanity Is Coming: Embracing Our Responsibility for the Earth	The Return of the Goddess: A Divine Comedy
Age Like a Yogi: A Heavenly Path to a Dazzling Third Act	The Mystic's Path Home: Teachings of the Ascended Masters
The Green Sea of Heaven: Eighty Ghazals from the Diwan of Hafiz	Reality of Your Ascension: Teachings of Serapis Bey
Reflections of Inspiration and Wonder: An Annotated Selection from <i>The Spiritual Dialogues</i> by Saint Catherine of Genoa	Tao Te Ching by Stephen Mitchell (over 1 million copies sold in the U.S.)
Mother of the Unseen World: The Mystery of Mother Meera	The Second Book of the Tao by Stephen Mitchell
Vedanta and Christian Faith	In Harmony with the Tao: A Guided Journey into the Tao Te Ching (Francis Pring-Mill and Stephen Mitchell)
You Are the Future: Living the Questions with Rainer Maria Rilke	Buddha at Work: Finding Balance, Purpose and Happiness at Your Workplace
Untangling Karma: Intimate Zen Stories on Healing Trauma	Spiritual Rebel: The Positively Addictive Guide to Finding Deeper Perspective and Higher Purpose

Sacred Sendoffs: An Animal Chaplain's Advice for Surviving Animal Loss, Making Life Meaningful, and Healing the Planet

On the Trail of Buddha: A Journey to the East

Creating a Life that Matters: How to Live and Love with Meaning and Purpose

A Temporary Affair: Talks on Awakening and Zen

Seeds from a Birch Tree: Writing Haiku and the Spiritual Journey: 25th Anniversary Edition: Revised & Expanded

My Journey Through Time: A Spiritual Memoir of Life, Death, and Rebirth

Rukmini and the Turning of Time: The Dawn of an Era

The Untold Story of Sita: An Empowering Tale for our Time

When the Bright Moon Rises: The Awakening of Ancient Memories

Rereading Tagore

Singing and Dancing Are the Voice of the Law: A Commentary on Hakuin's "Song of Zazen"

Appalachian Zen: Journeys in Search of True Home, from the American Heartland to the Buddha Dharma

Waking Up to the Dark: The Black Madonna's Gospel for an Age of Extinction and Collapse

Fundamentals of the Process of Spiritual Perfection: A Practical Guide

Eye of the Heart: A New Translation with Selected Letters

The Religion of Man: International Edition by Rabindranath Tagore

Radical Loving: One God, One World, One People

Animal Sutras: Animal Spirit Stories
(by bestselling author Stephen Levine)

The Shaman's Mind: Huna Wisdom to Change Your Life

Sex Death Enlightenment: A True Story (new edition of international bestseller)

The Book of Householder Koans: Waking Up in the Land of Attachments

Reincarnation: The Phoenix Fire Mystery: An East-West Dialogue on Death and Rebirth from the Worlds of Religion, Science, Psychology, Philosophy

Mystical Courage: Commentaries on Selected Contemplative Exercises by G. I. Gurdjieff

The Garden of Flowers and Weeds: A New Translation and Commentary on the Blue Cliff Record

All Roads Lead to Ram: The Personal History of a Spiritual Adventurer by Sruti Ram

Grace: A Sacred Journey

Vocal Medicine: Transformation through Sound

Flower Symbols: Discover the Meaning of Flowers in Folklore, Religion and Popular Culture

H.P.B. The Extraordinary Life & Influence of Helena Blavatsky, Founder of the Modern Theosophical Movement by Sylvia Cranston

Gandhi @ 150: Celebrating the Mahatma's Relevance Today

The Illusion of Life and Death: Mind, Consciousness, and Eternal Being

Mystery of Death: Awakening to Eternal Life

Enlightened Contemporaries: Francis, Dōgen, and Rūmī: Three Great Mystics of the Thirteenth Century and Why They Matter Today

The World of Religions	Himalayan Sound Revelations: The Complete Tibetan Singing Bowl Book
Living Hinduism: Scriptures, Philosophy, Practices	Working with Singing Bowls: A Sacred Journey
Spirit of the Indian Warrior	Pause: Making Time to Walk with God
Black Elk, Lakota Visionary	A Heart Afire: Stories and Teachings of the Early Hassidic Masters
Devas and Nature Spirits: and How to Communicate with Them	Holy Daring: The Earthy Mysticism of St. Teresa, the Wild Woman of Avila
Soul Life of Animals: Love, Consciousness, and the Human-Animal Relationship	Native Spirit—the Sundance Way
Hildegard of Bingen: Scientist, Composer, Healer and Saint (beautifully illustrated children's book)	The Cheyenne Indians: Their History and Lifeways
Leonardo and the Twelve Stones (<i>analyzes for the first time the symbolism of the 12 precious stones in Leonardo da Vinci's Last Supper</i>)	The Spiritual Legacy of the American Indian
The Dalai Lama Book of Quotes	The Gospel of the Red Man
Questions for the Dalai Lama: Answers on Love, Success, Happiness, & the Meaning of Life	The Image Taker: The Selected Stories and Photographs of Edward S. Curtis
Connect: How to Find Clarity and Expand Your Consciousness with Pineal Gland Meditation	Conversations in the Spirit: Lex Hixon's WBAI "In the Spirit" Interviews—A Chronicle of the Seventies Spiritual Revolution
Spirit of the Earth: Indian Voices on Nature	Grassroots Zen: Community and Practice in the Twenty-First Century
The Heart of the Goddess: Art, Myth and Meditations of the World's Sacred Feminine	How I Found God in Everyone and Everywhere: (<i>Never-before-published journeys and discoveries by 12 leading spiritual writers and teachers, including Deepak Chopra, Richard Rohr, Matthew Fox, Rupert Sheldrake, Cynthia Bourgeault, and others</i>)
Black Elk, Lakota Visionary: The Oglala Holy Man and Sioux Tradition	An Illustrated Outline of Buddhism
Wounds into Wisdom: Healing Intergenerational Jewish Trauma	Love is Stronger than Death: The Mystical Union of Two Souls
Spiritual Transmission: Paradoxes and Dilemmas on the Spiritual Path	Rumi—53 Secrets from the Tavern of Love
Secrets of Meditation: Going Beyond the Practice	Mantras for Peace of Mind
The Language of Singing Bowls: How to Choose, Play and Understand Your Bowl	

A Treasury of Sufi Wisdom: The Path of Unity	I Ching Wisdom, Volume Two
Lifeparticle Meditation: A Practical Guide to Healing and Transformation	I Ching Readings: Interpreting the Answers
The Solar Body: The Secret to Natural Healing	A Tale of the I Ching: How the Book of Changes Began
Calligraphic Meditation for Everyday Happiness	The I Ching Workbook
In Search of Happiness: Discovering the Soul through Past Lives	The I Ching Gift Set
The Cathar View: The Mysterious Legacy of Montségur	The I Ching Workbook Deluxe Gift Set
The Wizard's Guide to Energy Healing: Introducing the Divine Healing Secrets of Merlin	The Lost Secrets of Prayer
Soul to Soul: Poems, Prayers, and Stories to End a Yoga Class	The Spirit of Tea
365 Sayings of the Quran	Words of Wisdom <i>by Lama Surya Das</i>
Essential Chan Buddhism: The Character and Spirit of Chinese Zen	The Yoga of Relationships by Yogi Amrit Desai
God of Love: A Guide to the Heart of Judaism, Christianity and Islam	Amrit Yoga and the Yoga Sutras
A Goddess Among Us: The Divine Life of Sri Anandamayi Ma (not Indian subcontinent)	Fundamental Wisdom of the Middle Way
Sri Ramana Maharshi (not Indian subcontinent)	King of Travelers: Jesus' Lost Years in India
The Original Gospel of Ramakrishna	King of Wisdom: New Findings on Jesus' Lost Years
Be Like Water: Uncover the Mystery of Tao Te Ching	Samdhong Rinpoche: Uncompromising Truth for a Compromised World, Tibetan Buddhism and Today's World
Seeing, Knowing, Being: A Guide to Sacred Awakenings	The Spirit of Indian Women
I Ching Life: Becoming Your Authentic Self	Living in Two Worlds: The American Indian Experience
The I Ching: The Book of Answers	Indian Spirit
I Ching Wisdom, Volume One	Untold: A History of the Wives of Prophet Muhammad
	In the Heart of the Desert: The Spirituality of the Desert Fathers and Mothers
	The Sufi Doctrine of Rumi
	The Essential Śrī Ānandamayī Mā

Timeless in Time: Sri Ramana Maharshi (Library of Perennial Philosophy)

A Guide to Hindu Spirituality

The Essential Swami Ramdas

The Laws of the Spirit World

The Complete Works of Lao Tzu

The Black Pearl: Spiritual Illumination in Sufism and East Asian Philosophies

Hand in Hand with Angels: A Book of Attunement

From the Heart of the Lotus: The Teaching Stories of Swami Kripalu

HEALTH

New Fall 2026:

Still Trying To Conceive? An Intelligent Guide to Navigating Fertility and IVF Treatment

Built to Last After 50: The Truth About Arthritis, Strength, and Staying Independent

Brain Medicine: Breakthroughs in Gene Therapy for Anxiety & Other Neuropsychiatric Disorders

Beans, Greens and Lentils: A Cookbook Celebrating the World's Most Sustainable and Nutritious Foods

New Spring 2026:

Pilates for Runners: The Ultimate Guide to Building Strength, Mobility & Endurance for Better Performance

Understanding Autoimmune Disease: A Therapist's Guide to Invisible Illness

Calming Teenage Anxiety: A Parent's Guide to Helping Your Teenager Cope with Worry

Healing from Narcissistic Abuse: Rebuild from Relationship Trauma & Find Your Light Again

Pain-free and Confident Golf: Six essential practices to master lower back pain

The Heart Healthy Plant-Based Cookbook

Diabetes— the Real Cause and the Right Cure: 8 Steps to Reverse Type 2 Diabetes in 8 Weeks

The Instant Anxiety Solution: 5 Simple Steps to Quiet Your Mind & Achieve Calm

The Future of Alzheimer's: Finding Inspiration & Hope Through Expert Insight

The Fitness Mindset: Eat for Energy, Train for Tension, Manage Your Mindset, Reap the Results

Self-Care Is Essential: A Personal Resiliency Program for Healthcare Professionals, First Responders & Other Caregivers

Surf Therapy: The Evidence-Based Science for Physical, Mental & Emotional Well-Being

Living with Inattentive ADHD

The Secret Strength of Depression, Fifth Edition

Curing Stubborn Depression: Emerging & Breakthrough Therapies for Treatment-Resistant Depression

The Vegan Athlete's Nutrition Handbook

A User's Guide to the Human Body: Stuff We Needed to Know but Were Never Told

Being Well with Chronic Illness

Health Habits for Diabetes: A Patient's Guide to Changing Behaviors & Mindset for Managing Type 2 Diabetes

Living with Kidney Stones: Complete Guide to Risk Factors, Symptoms & Treatment Options

The Alzheimer's Revolution: An Evidence-Based Lifestyle Program to Build Cognitive Resilience and Reduce Your Risk of Alzheimer's Disease

The Vegan Athlete Nutritional Handbook

101 Affirmations for Addiction & Recovery

The Five Elements of Healing: A Practical Guide to Making Sense of Your Symptoms

The 100-Year Golfer: 7 Arts for a Lifetime with the Game

Gut Well Soon: A Practical Guide to a Healthier Body and a Happier Mind

Antidepressed: A Breakthrough Examination of Epidemic Antidepressant Harm and Dependence

One Body One Life: Don't Screw It Up!

The Nature of Breathing: Posture, Mindfulness, Awareness, Yoga

Breathe Golf: The Missing Link to a Winning Performance

Play Golf Forever: A Physiotherapist's Guide to Golf Fitness and Health for the Over 50s

Play Tennis Forever: A Physiotherapist's Guide to Keeping Fitter, Younger and Healthier

The Fiber Effect: Stop Counting Calories and Start Counting Fiber for Better Health

Be Heart Smart: Understand, Treat, and Prevent Coronary Heart Disease

Quantum Integrative Medicine: A New Paradigm for Health, Disease Prevention, and Healing

The Green Elephant: The Healthcare Provider's Essential Guide to Understanding and Addressing Medical Cannabis and CBD

Got Testosterone?: Men—Return to the Sexier, Stronger, Smarter You!

Reverse Depression Naturally: Alternative Treatments for Mood Disorders, Anxiety and Stress

Exercises for Parkinson's Disease: The Complete Fitness Guide to Improve Mobility, Strength and Balance

Exercises for Sciatica: A Simple & Effective Self-Care Program for Pain Relief & the Treatment of Sciatica

Living with Endometriosis Workbook and Daily Journal

Edward Bach and Your Evolutionary Purpose

Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential

Don't Hold Your Breath: A Guide to Good Breathing

Good Health, Good Life with Tao

Never Grow Old: Living Healthy and Staying Young with Tao Principles

Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery

Your Natural Medicine Cabinet: A Practical Guide to Drug-Free Remedies for Common Ailments

Yoga for Diabetes

Mental Health Emergencies

The Parkinson's Playbook: A Game Plan to Put Your Parkinson's on the Defense

Reverse Heart Disease Naturally: The Step-by-Step Guide

Reverse Inflammation Naturally

Reverse Alzheimer's Disease Naturally:
Alternative Treatments for Dementia including
Alzheimer's Disease

Reverse Thyroid Disease Naturally

Don't Diet! 50 Habits of Thin People

Belly Button Healing: Unlocking Your Second
Brain for a Healthy Life

The Teenage Body Book

Obesity Prevention for Children

The Other Side of Bipolar

The Aromatic Dog: Essential oils, hydrosols, &
herbal oils for everyday dog care

Healthy Dogs, Your Loving Touch: Acupressure
Massage for Your Dog

Living with Metabolic Syndrome: The Complete
Guide to Risk Factors, Prevention, Symptoms
and Treatment Options

Osteopathy for Children: Holistic and Natural
Treatments for the Developing Infant, Toddler
& Growing Child

Reverse Gut Diseases Naturally: The Step-by- Step
Guide

What to Know Before Seeing Your Pediatrician

The Oxygen Revolution: Hyperbaric Oxygen
Therapy – Breakthrough Gene Therapy for
traumatic Brain Injury & Other Disorders

The Dry Eye Remedy: The Complete Guide to
Restoring the Health and Beauty of Your Eyes

To Our Health: A Gluten Free/Dairy Free, Nutrient
Dense, Proper Food-Combining, Whole Foods
Guide to a Lifestyle of Wellness

Standing, Sitting, Walking, Running: How Your
Posture Affects Your Mind

The Power of Posture

Rewired: A Bold New Approach to Addiction and
Recovery (more than 40,000 copies sold)

The Rewired Life: Creating a Better Life through
Self-Care and Emotional Awareness

The Rewired Workbook: A Manual for Addiction
Therapy

101 Affirmations for Addiction & Recovery

The Rewired Coloring Book

Natural Pregnancy: Practical Medical Advice and
Holistic Wisdom for a Healthy Pregnancy and
Childbirth

The Oxygen Revolution: Hyperbaric Oxygen
Therapy

So You Want to Live to Be 100? The No Pill Cure
for High Cholesterol

Food Fix: Ancient Nourishment for Modern
Hunger (food addiction)

Never Grow Old: Living Healthy and Staying
Young with Tao Principles

Energy Healing for Everyone: A Path to
Wholeness Awakening

HEALTHY COOKING

New:

**Beans, Greens and Lentils: A Cookbook
Celebrating the World's Most Sustainable and
Nutritious Foods**

The Heart Healthy Plant-Based Cookbook

**The Candida Cure Cookbook: Delicious Recipes
to Reset Your Health & Restore Your Vitality**

Cooking Well Healthy Kids—Easy Meals for Happy Toddlers

The Dirty Vegan Cookbook: Your Favorite Recipes Made Vegan

Vegan Challenge: The 30-Day Program for Eating Healthier and Improving Your Diet with Vegan Foods

The Mamma Mia! Diet: The Secret Italian Way to Good Health (Eat Pasta, Enjoy Wine & Lose Weight)

The Complete Hummus Cookbook: Over 100 Recipes—Vegan-Friendly

OTHER COOKBOOKS

New 2026:

Adirondack Appetite: 150 Recipes for Cabin, Camp & Beyond

The Catskills Farm to Table Cookbook, Revised Edition: Over 100 Year-Round Recipes

The Vermont Farm to Table Cookbook: Over 50 Fresh & Local Recipes for Every Season

Pizza! Pizza! Pizza!

Let's Bake

A Kitchen Well-Travelled (Sri Lankan recipes)

GIFT BOOKS / QUOTATIONS

The Ocean Lover's Quotation Book

The Stoicism Book of Quotes

The Abraham Lincoln Book of Quotes

The Joy of Friendship: A Thoughtful and Inspiring Collection of 200 Quotations

The Angler's Book of Favorite Fishing Quotations: An Inspired Collection of Wit and Wisdom for Those Who Love to Fish

The Book of Chinese Proverbs: A Collection of Timeless Wisdom, Wit, Sayings & Advice

The Golfer's Book of Wit & Wisdom:

The Complete Collection of Golf Jokes, One-Liners & Witty Sayings

The Joy of Fitness: An Inspiring Collection of Motivational Quotations

A Mother's Love: An Inspired Collection of Quotations Celebrating Motherhood

Cowboy Wisdom: Over 200 Quotes about the Old West

An Old-Fashioned Christmas: Favorite Yuletide Quotes and Traditions

A Garden of Inspiration: Quotations for Lovers of Gardening and Growing

52 Questions for Friends: Learn More about Your Friends One Question at a Time

52 Questions for Relationships: Learn More about Your Relationship One Question at a Time

52 Questions for Families: Learn More about Your Family One Question at a Time

Great Stories by Nobel Prize Winners

Celebrate Love: A Romantic Collection of Wedding Day Quotes

100 Great Events that Changed the World

Celebrate Love: A Romantic Collection of Wedding Day Quotes

Thinking Aloud: A Selection of Original Inspirational Quotes

When I Look to the Sky: A Collection of Quotes, Poems, and Prayers for Loss, Grief, and Healing

Reel Wisdom: More than 500 Inspirational Quotes for Movie Lovers

The Book Lover's Treasury of Quotations

The Cat Lover's Quotation Book

The Dog Lover's Quotation Book

Successful Philanthropy: How to Make a Life by What You Give

PARENTING / GIFTED CHILDREN

New:

Life's in Session for Parents: From Toddlers to Teens / Teaching Kids "How" to Think not "What" to Think

Calming Teenage Anxiety: A Parent's Guide to Helping Your Teenager Cope with Worry

Highly-Profoundly Gifted: Universal Understandings and Holistic Approaches

How to Raise Entrepreneurial Kids: Raising Confident, Resourceful and Resilient Children Who Are Ready to Succeed in Life

Neurodiversity Playbook: How Neurodivergent People Can Crack the Code of Living in a Neurotypical World

Navigating Neurodiversity: My Journey as a Twice Exceptional Adult

Intersection of Intensity: Exploring Giftedness and Trauma

The Dafoompah and Me: A Story for Children with Dyscalculia

Ignite Your Ideas: Creativity for Kids

When I Am Calm

Guiding the Gifted Child: A Practical Source for Parents and Teachers

I Used to Be Gifted: Understanding, Nurturing, and Teaching

Gifted Learners in the Classroom and at Home

Not Now, Maybe Later: Helping Children Overcome Procrastination

A Parent's Guide to Gifted Children, 2nd Ed

From Worrier to Warrior: A Guide to Conquering Your Child's Fears

From Socrates to STEAM: From Socrates to STEAM

Dynamisms, Development, and Dispositions: Essays in Honor of Kazimierz Dabrowski

Boosting Your Child's Natural Creativity

ABCs of Raising Smarter Kids: Hundreds of Ways to Inspire Your Child

How to Homeschool: A Guide for Progressive Parents

Being Smart about Gifted Learning: Empowering Parents and Kids through Challenge and Change

Twice-Exceptional Boys: A Roadmap to Getting It Right

The Gifted Parenting Journey: A Guide to Self-Discovery and Support for Families of Gifted Children

Serving the Needs of Your Smart Kids: How School Leaders Create a Supportive School Culture for the Advanced Learner Paperback

Bright, Talented, and Black: A Guide for Families of Black Gifted Learners

Insight into a Bright Mind: A Neuroscientist's Personal Stories of Unique Thinking

The Warrior Workbook: A Guide for Conquering Your Worry Monster

The Spark to Your Success: Helping Teens Build Resilience

The Spark to Your Success: Mindset Magic for Teens

Turn On the Power: How School is Limiting Your Child's Potential and What to Do About It

5 Levels of Gifted: School Issues and Educational Options

Some of My Best Friends Are Books: Guiding Gifted Readers (3rd edition)

Smart Girls in the 21st Century: Understanding Talented Girls and Women

Creating and Consuming Media Messages with Purpose: A Guide for Educators

Understanding Creativity

On Gifted Elders: Awareness, Aspirations, Advocacy

Leadership Development Program

Misdiagnosis and Dual Diagnoses of Gifted Children and Adults: ADHD, Bipolar, OCD, Asperger's, Depression, and Other Disorders (2nd Edition)

Waves of Healing: How Surfing Changes the Lives of Children with Autism

Perfectionism: A Practice Guide to Managing "Never Good Enough"

This Way Is Easier, Dad: How My Daughter Saved Me from Growing Up

Bust Your Buts: Tips for Teens Who Procrastinate

Perfectionism: A Practice Guide to Managing "Never Good Enough"

Make Your Worrier a Warrior: A Guide to Conquering Your Child's Fears

Living with Intensity: Understanding the Sensitivity, Excitability, and the Emotional Development of Gifted Children, Adolescents, and Adults

Searching for Meaning: Idealism, Bright Minds, Disillusionment, and Hope (on gifted children and adults)

Dabrowski's Theory of Positive Disintegration (one of the most influential theories in gifted education)

Raising Passionate Readers

A Framework for Understanding Poverty: For Educators, Policymakers, Employers, and Service Providers (*1.8 million copies sold*)

The Mommy MD Guide to Surviving Morning Sickness

Mommy MD Guide to Getting Your Baby to Sleep

The Mommy MD Guide to Pregnancy and Birth

The Mommy MD Guide to Your Baby's First Year

The Mommy MD Guide to the Toddler Years

The Mommy MD Guide to Losing Weight and Feeling Great

The Mommy MD Guide to Twins, Triplets and More: More than 200 tips that 12 doctors who are also mothers of multiples use to raise their own twins, triplets & more

The Mommy MD Guide to Feeding Your Baby Right

Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential

CHILDREN and YOUNG ADULT

New:

First Fire: An Algonkian Story

Messiah

Moses and the Ten Commandments

A Ring for a King: A Tale of King Solomon

The Heavenly Juggler

Rabbit Shoots the Sun: A Hopi Folktale

Song of the Raven: An Inuit Tale of Harmony with Nature

Gifts of Our Lady of Guadalupe: Patroness of Latin America

From the popular Little Economists series (personal finance for kids):

New:

- How to Save Money
- What Is Interest and Compound Interest
- How to Make Money
- What Is Money?
- What Is a Credit Card?
- How to Spend Wisely: Teach Young Children How to Plan and Budget
- What Is Supply and Demand?
- What Is Inflation? Make Sense of Rising Prices the Fun Way
- What Is a Stock?

When I Am Calm

Daisy Finds Her Smile (children's)

Spirit of the Cheetah: A Somali Tale (Wisdom Tales, children's)

A Peacemaker for Warring Nations: The Founding of the Iroquois League (Wisdom Tales, children's)

Guru Nanak: First of the Sikhs (Wisdom Tales children's)

Little Bear: An Inuit Folktale (Wisdom Tales, children's)

The Clever Wife: A Kirgыз Folktale (Wisdom Tales, children's)

Zen and the Ten Oxherding Pictures (Wisdom Tales, children's)

Weeping Under This Same Moon (award-winning young adult)

The Twelfth Stone (young adult)

A Free Woman On God's Earth: The True Story of Elizabeth "Mumbet" Freeman, The Slave Who Won Her Freedom (children's)

Blanket of Stars (illustrated children's book)

Billy Budd in the Breadbox: The Story of Herman Melville and Eleanor (with illustrations)

Thirty-Five Days to Baltimore

The Adventures of Charlie & Moon (children)

Feelings Can Be Friends (children's)

Hank the Hungry Monster (children's)

Trixie the Treat Monster (children's book)

Shiva (children's book)

A Shepherd Boy on the Road to Damascus: How a Boy's Generous Heart Forever Transformed a Town in Syria (children's book)

Lolo's Superpower (children's book)

So You Want to Know about the Environment

The Rock Maiden

Talking to God: Prayers for Children from the World's Religions

Ocean Friends: A Journey beneath the Sea

Gifts from the Enemy (For children ages 8-12, a moving story about Nazi concentration camp teen survivor Alter Wiener)

Tibetan Tales from the Top of the World

Tibetan Tales for Little Buddhas

When Animals Were People

Sorcerers: A Novel by Jacob Needleman

ASTROLOGY

Mythic Astrology: Archetypes in the Horoscope

Mythic Astrology Applied: Personal Healing Through the Planets

The Venus Star Point: Getting Straight to the Heart of Your Life with Venus

Venus Star Rising

The Hero's Journey through the Zodiac

Mars: The Astrological Planet

Rose Elliot's Life Cycles: How the Planets Affect You and Me—and the Rich and Famous

GREEN LIVING

Mindfulness in Nature

Order of the Sacred Earth: An Intergenerational Vision of Love and Action (Coauthor Matthew Fox)

Backyard Farming: Homesteading – The Complete Guide to Self-Sufficiency

SOCIAL ISSUES / EDUCATION

New:

Getting the GIST of the English Language: Using Systematic Grammar Instruction to Improve Academic Writing Ability

Every Voice Matters: Social Leadership for Inclusive Innovation

Earth, My Dearest: Inspirations on Nature, Conservation, Sustainability and Stewardship

A Framework for Understanding Poverty: For Educators, Policymakers, Employers, and Service Providers (*1.8 million copies sold*)

Bridges Out of Poverty: Strategies for Professionals and Communities

Bridges to Sustainable Communities: A Systemwide Cradle-to-Grave Approach to Ending Poverty

Getting Ahead in a Just Getting'-By World: Building Your Resources for a Better Life

Facilitator Notes for Getting Ahead in a Just Getting-By World: Building Your Resources for a Better Life

Working with Students—Discipline Strategies for the Classroom

Working with Parents: Building Relationships for Student Success

Tactical Communication: Mastering Effective Interactions with Citizens of Diverse Economic Backgrounds (First Responder Edition)

Research-Based Strategies: Narrowing the Achievement Gap for Under-Resourced Learners

WORKOUT / EXERCISE

New:

Go Multisport: Add Fun, Challenge & Exploration to Your World

The Fitness Mindset: Eat for Energy, Train for Tension, Manage Your Mindset, Reap the Results

Winning Pickleball: Expert Strategies for Next Level Play

The Resilient Athlete: A Self-Coaching Guide to Next Level Performance in Sports & Life

101 Best Pyramid Training Workouts

101 Best Rowing Workouts

Pilates for Athletes

The Body Sculpting Bible for Women: Third Edition: The Ultimate Women's Body Sculpting Guide Featuring the Best Weight Training Workouts & Nutrition Plans Guaranteed to Help You Get Toned & Burn Fat

The Body Sculpting Bible for Men: Third Edition: The Ultimate Men's Body Sculpting and Bodybuilding Guide Featuring the Best Weight Training Workouts

The Body Sculpting Bible for Women: Platinum Edition

The Body Sculpting Bible for Men: Platinum Edition.

The Body Sculpting Bible for Women: Workout Journal

The Body Sculpting Bible for Men: Workout Journal

Strength Training Bible

Strength Training Bible for Women

Mobility Workout Handbook

Swimmer's Workout Handbook

Runner's Workout Handbook

Triathlon Training Handbook

Tabata Workout Handbook

Tabata Workout Handbook, Vol. 2

Finding Triathlon: How Endurance Sports Explain the World

Dirty Inspirations: Lessons from the Trenches of Extreme Endurance Sports

Tactical Mobility

Tactical Fitness

Tactical Strength

Warriors Workouts, Vol. 1, 2, and 3

Dumbbell Workout Handbook: Weight Loss

Cycling Workout Handbook

101 Best Jump Rope Workouts

Complete Physique: Your Ultimate Body Transformation

Runner's Workout Handbook

The Hero Workouts

FICTION / HISTORICAL FICTION

New:

The Long Road to Holy Island: A Novel

The Return of the Goddess: A Divine Comedy

The Wild Mother: A Novel

Conscience Point (A Pilgrim's Landing Mystery)

The Shakespeare Mask (award-winning historical fiction)

1492: A Novel of Christopher Columbus, the Spanish Inquisition & A World at the Turning Point

The Maeve Chronicles series:

Magdalen Rising

The Passion of Mary Magdalen

Bright Dark Madonna

Red Robed Priestess

The Butterfly Effect

Hank Heals: A Novel of Miracles

The Tree with a Thousand Apples

One Love and Many Lives of Osip B

White Crane, Lend Me Your Wings: A Tibetan Tale of Love and War

The Lacquered Curtain of Burma

As the Poppies Bloomed: A Novel of Love in a Time of Fear (historical fiction)

The Temple of Silence: A Spiritual Novel

100 Inspiring Stories to Enrich Your Life

100 Stories You Will Never Forget

OTHER NONFICTION, MEMOIR, TRUE LIFE

Seven Marathons. Seven Continents. One Week.:
The Remarkable Race of Endurance, Grit & Self-
Discovery

Rukmini and the Turning of Time: The Dawn of an Era

The Untold Story of Sita: An Empowering Tale for our Time

When the Bright Moon Rises: The Awakening of Ancient Memories

Storming the Tulips (an intimate encounter with history told by contemporaries of Anne Frank)

The Company She Keeps: The Dangerous Life of a Model Turned Mafia Wife (over 80,000 copies sold in the U.S.)

Guts 'n Gunships: What It Was Really Like to Fly Combat Helicopters in Vietnam

War for the Hell of It: A Fighter Pilot's View of Vietnam (hit #4 on Wall Street Journal's bestseller list)

Racing Back to Vietnam: A Journey in War and Peace

The View Beyond: Sir Francis Bacon—Alchemy, Science, Mystery

The Shakespeare Enigma: Unraveling the Story of the Two Poets

POETRY

New:

What Enters Through the Open Heart: Poems

Sweet Hunter: The Complete Poems of St. Teresa of Ávila (New translation, bilingual edition)

The Green Sea of Heaven: Eighty Ghazals from the Diwan of Hafiz

You Are the Future: Living the Questions with Rainer Maria Rilke

Gitanjali by Rabindranath Tagore

Naked in the Moonlight without Thorns

From Button Poetry (Popular & Award-Winning Poetry published by the Largest Distributor of Spoken Word Media):

DON'T BE AFRAID TO BE BAD: A Big Book of Button Poetry Writing Prompts

Tooth Gaps in the Archives

Living at Baggage Claim

Flee

Roads

Unreliable narrator

My Dear Cult Leader

Pink Elephant

Good luck in the real world

Coin Laundry at Midnight

Stunt Water: The Work of Buddy Wakefield
without the frills

A Choir of Honest Killers

Without the frills by Gigi Bella

(On |Un-)Becoming: Poems by FreeQuency

Cipota by Chelsea Guevara

Still Desert by Daniel Elias Galicia

Forgotten Necessities by Jared Singer

Wild/Hurt by Meg Ford

Shapeshifter by L.E. Bowman

WASH by Ebony Stewart

before & after our bodies By Phil
SaintDenisSanchez

About Time (Neil Hilborn)

Where I Dry the Flowers

I'd Rather Be Destroyed

The Rent Eats First

Our Numbered Days. *This award-winning best-seller includes Neil Hilborn's poem "OCD," his performance of which went viral and has been watched over 100 million times to date.*

Excuse Me As I Kiss the Sky

The Future (Neil Hilborn)

Nothing Is Okay

Helium

Lord of the Butterflies

You Better Be Lightning

I'll Fly Away

Never Catch Me

Sweet, Young, & Worried

Urbanshee

I'll Fly Away

Dead Dad Joke

Born in a Second Language

You Better Be Lightning (*from one of the most celebrated poets & performers of the last two decades*)

So, Stranger

GAMING / POPULAR CULTURE

Great Books on Classic Video Games:

Dragon Age II

Life is Strange

Legend of the River King

Dance Dance Revolution

Outer Wilds

Untitled Goose Game

EverQuest

Animal Crossing

Day of the Tentacle

Minesweeper

PaRappa the Rapper

GoldenEye 007

Final Fantasy VI

Final Fantasy V

Katamari Damacy

Kingdom Hearts II

Soft & Cuddly

Mega Man 3

Super Mario Bros. 2

Super Mario Bros. 3

World of Warcraft

Spelunky

Shadow of the Colossus

Metal Gear Solid

Baldur's Gate II
Bible Adventures
Jagged Alliance 2
Galaga
ZZT
Chrono Trigger
EarthBound
Silent Hill 2
Resident Evil
The Legend of Zelda: Majora's Mask
Red Dead Redemption
Postal
Breakout: Pilgrim in the Microworld
NBA Jam
Star Wars: Knights of the Old Republic
Shovel Knight