

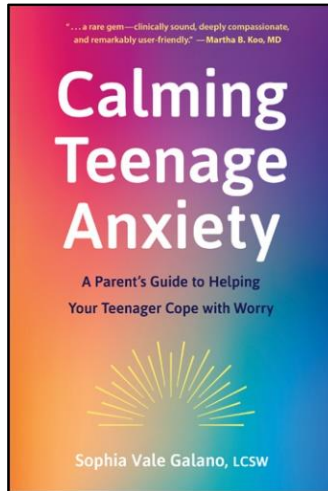


Parenting & Gifted Children Catalog Spring 2026

New & Notable

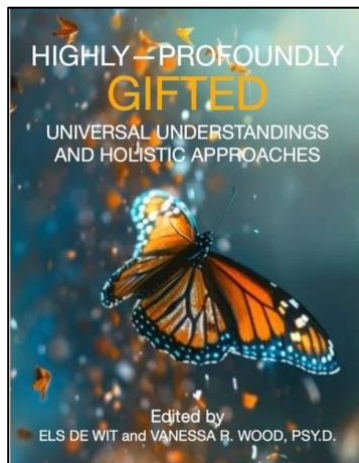
YORWERTH ASSOCIATES ♦ LITERARY AGENTS

Contact Patricia Spadaro: patricia@PublishingCoaches.com



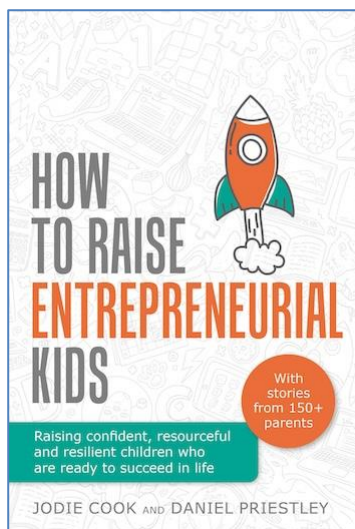
Calming Teenage Anxiety: A Parent's Guide to Helping Your Teenager Cope with Worry

A compassionate, practical guide that helps parents understand, support, and empower teens as they navigate emotional challenges and everyday stressors. Drawing on expert insights, real-life case studies, and reflective exercises, it equips parents with tools to recognize signs of anxiety and understand its root causes; open healthy, judgment-free lines of communication; foster emotional resilience and self-confidence in their teens; create a calm, supportive home environment; know when and how to seek professional help.



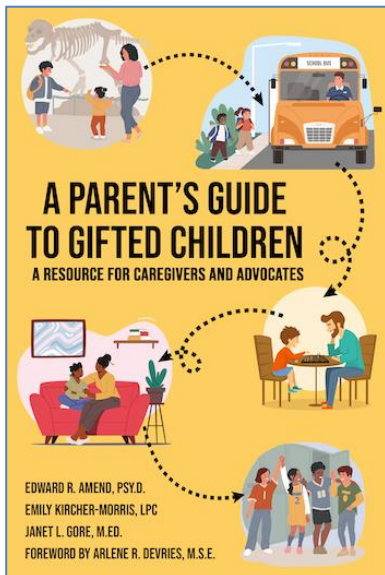
Highly-Profoundly Gifted: Universal Understandings and Holistic Approaches

Psychologists, clinicians, educators, parents, and researchers describe tendencies, behaviors, and developmental patterns in gifted individuals that are different from their chronological-age peers. This book offers an authentic, cross-cultural exploration of the lives of “highly-profoundly gifted” individuals, revealing their unique sensitivities, challenges, and the urgent need to support their well-being and potential.



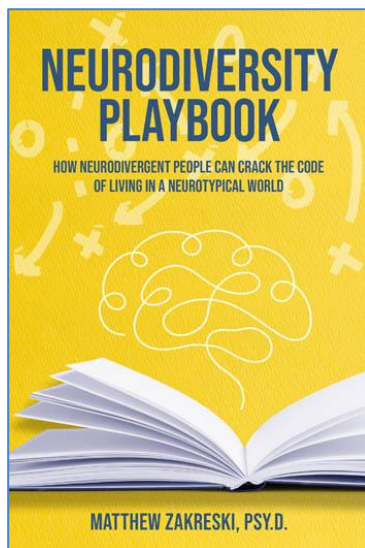
How to Raise Entrepreneurial Kids

Every parent wants their child to have a happy and successful future, yet they aren't sure how to prepare them for this rapidly evolving world. Now more than ever, entrepreneurial skills are fundamental to their prosperity and wellbeing, but schools don't teach these skills. This book introduces the four pillars of raising entrepreneurial kids— mindset, skills, experiences, and coaching—to ensure they thrive whatever their future holds. Packed with thought-provoking, actionable ideas to have fun exploring the concepts with your family, including how to develop new ways of thinking and overcoming obstacles.



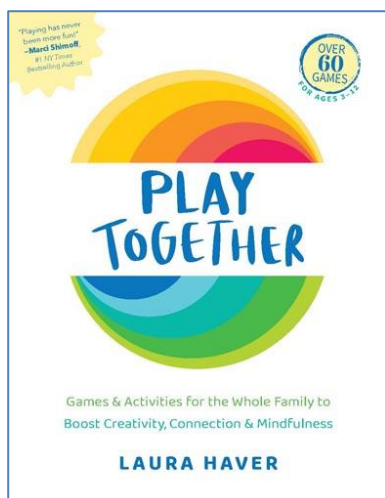
A Parent's Guide to Gifted Children, Revised and Updated

The newly revised and updated edition of the quintessential compendium for raising gifted children. In this new edition, the reliable approaches originally explored in the first edition are reinforced, while drawing extensively on the wealth of research and information developed over the last 15 years in the areas of neuroscience, psychology, and education. The new *Parent's Guide to Gifted Children* includes issues of social media, screen time, LGBTQ, and bullying. Rich in information and strategies, this edition will be referred to time and time again.



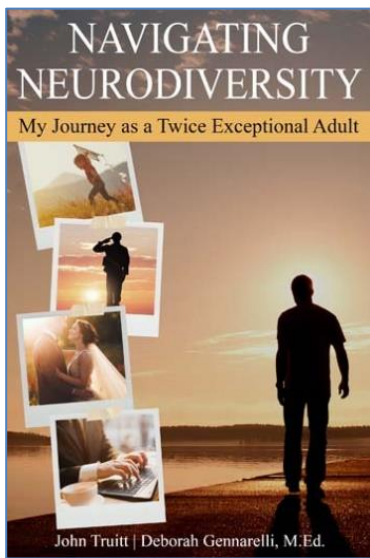
Neurodiversity Playbook: How Neurodivergent People Can Crack the Code of Living in a Neurotypical World

A comprehensive guide to the mental health of gifted and neurodivergent kids from a leading expert. Grounded in neuroscience, this book directly addresses the parts of being gifted traditionally emphasized less: making friends, maintaining relationships, regulating emotions, communicating feelings and needs, and being able to identify contextual factors to understand why people are acting the way they are. Will help students develop tangible skills and grow in the areas of social-emotional learning (SEL)



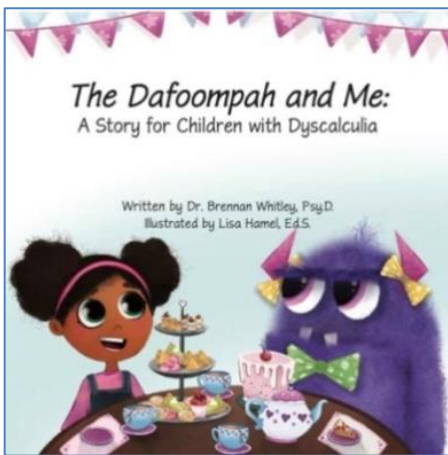
Play Together: Games & Activities for the Whole Family to Boost Creativity, Connection & Mindfulness

Rediscover play with over 60 screen-free family activities and games that promote bonding, connection, and growth. Based on happiness, play, communication, and emotional intelligence research, the games and activities also teach important life skills and catapult your family's development in connection, creativity, mindfulness, kindness, movement and more. You'll be amazed at the wonder these games open up in you and your family's lives. Optimized for kids 12 and under and fun for people of all ages.



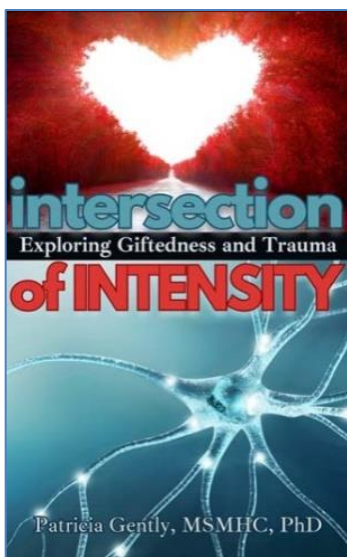
Navigating Neurodiversity: My Journey as a Twice Exceptional Adult

The insightful story of recognizing and living with neurodiversity. Readers will find inspiration as the author reflects on the ups and downs of his twice-exceptional life with stories of family history, serving in the military, and failures and successes in jobs and relationships. Offers tips for those working and living with 2e adults and strategies for 2e adults to feel more fulfilled in their lives. Includes background for those who don't know a lot about neurodiversity, including autism spectrum disorder and giftedness.



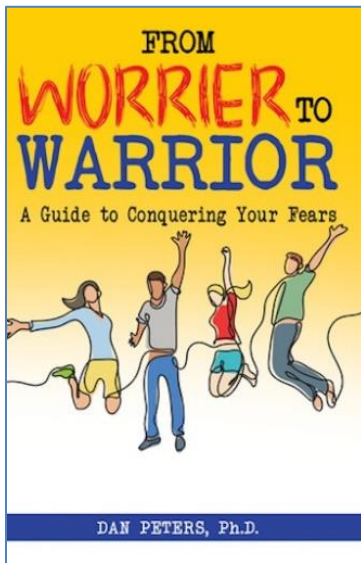
The Dafoompah and Me: A Story for Children with Dyscalculia

A unique picture book that supports children with dyscalculia through effective strategies and deeper understanding. Charli is on a mission to get rid of the monster that has been bothering her in math class, no matter how much glue and tin foil it takes. As she embarks on an epic quest, Charli demonstrates the brain superpowers and challenges that come with having a math learning difference (dyscalculia)



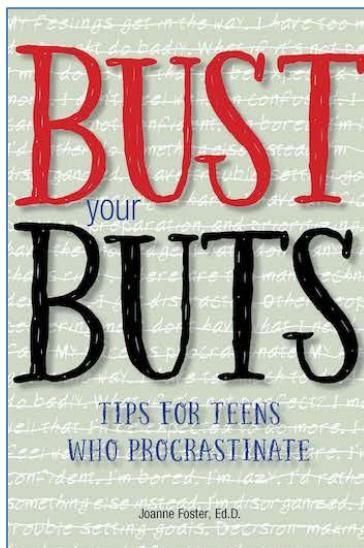
Intersection of Intensity: Exploring Giftedness and Trauma

Strategies for addressing issues of trauma in the gifted population. This much-needed work intricately weaves together the complex relationship between giftedness and trauma. Begins by defining giftedness and addressing the challenges of identification, and explores types of traumas and their impacts on gifted individuals. Examines the unique responses of the gifted brain, the relationships of asynchronicity and compensation, and the profound role of heightened intensity.



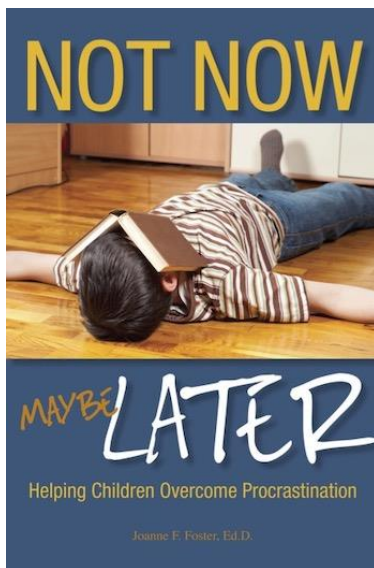
From Worrier to Warrior: A Guide to Conquering Your Fears

A unique and practical book designed to teach tweens to conquer the Worry Monster. This book shows how to overcome worry and fear using several easy-to-follow strategies. You will learn how to create your very own “toolbox” of ways to combat fear and anxiety to carry with you and conquer the Worry Monster at any time. With these tools, you will be able to overcome whatever challenges come your way.



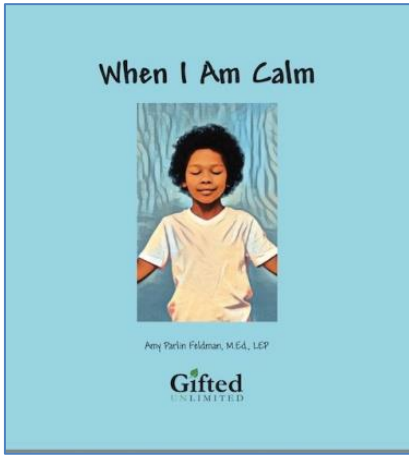
Bust Your Buts: Tips for Teens Who Procrastinate

Written for teens who can't stop procrastinating, this book contains hundreds of tips to help get rid of some “butts” that are common to procrastinators: I have too much to do, I don't feel well, I might do badly, I'm confused, I get distracted, I'd rather do something else instead, and other people keep pestering me. *Bust Your Buts* helps teens be productive, use time better, and become more successful.



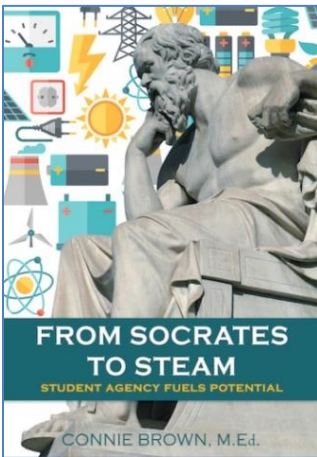
Not Now, Maybe Later

Parents and teachers will appreciate this guide to understanding procrastination, primarily in children, and to providing straight-forward strategies for helping children develop skills to improve productivity. Procrastination relates to many important aspects of life, including success and failure, school-related and other activities, an individual's thoughts and feelings, and motivation. *Not Now, Maybe Later* provides over 250 tips on battling procrastination for both children and adults to use now (not later).



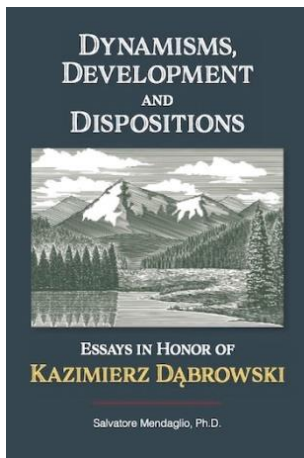
When I Am Calm

How many times have we implored the children in our lives to calm down? What do we really mean by this? And how often does it really work? *When I Am Calm* describes the physiological cues that let a child know they are starting to get upset, and empowers them to discover what tools they can use to return to calm. Whether at school or at home, *When I Am Calm* is designed to help. It combines a playful read-aloud with activities and checklists designed to reinforce skills.



From Socrates to STEAM

We know that video games keep people engaged for hours on end, and research indicates that this is due, in good part, to player agency—that is, the ability for the person playing the game to make significant choices that have consequences to the outcome of the game. How can this idea be replicated in the classroom? This book is for any educator or parent who is hoping to understand the concept of agency as well as explore strategies to inspire and invigorate their most complex learners to become the best version of themselves.

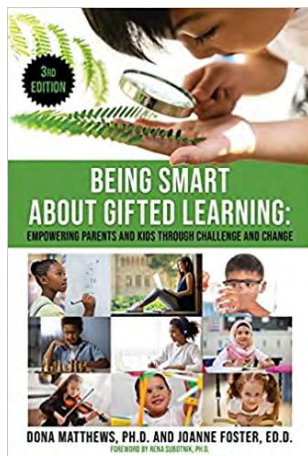


Dynamisms, Development, and Dispositions: Essays in Honor of Kazimierz Dabrowski

Dabrowski's Theory of Positive Disintegration (TPD) is one of the most influential theories in gifted education. It redefines established psychological constructs, especially the construct of psychopathology. This book consists of a unique and carefully curated collection of essays written by Salvatore Mendaglio, Ph.D. over the course of his career as a scholar of Dabrowski. It provides deep insight into TPD and looks beyond "overexcitabilities" to the fullness of TPD.

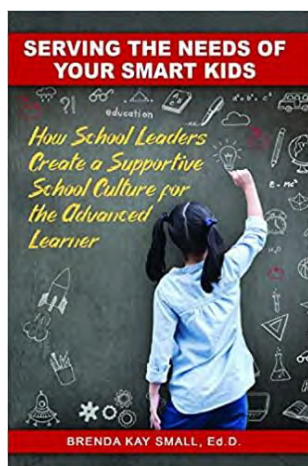
TURN THE PAGE FOR MORE POPULAR TITLES ON PARENTING & GIFTED CHILDREN >>

Best-selling Books on Parenting & Gifted Children



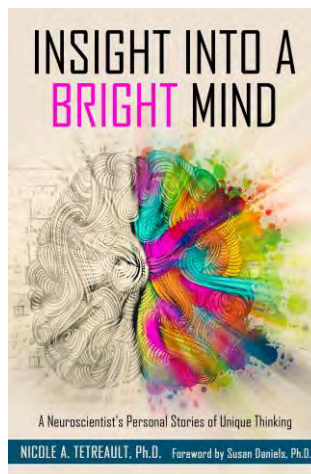
This updated 3rd edition of **Being Smart About Gifted Learning** provides up-to-date perspectives and resources on how to support the development of giftedness, creativity, and talent, from pre-school through to

college. Written for parents, homeschoolers, grandparents, and teachers who want to foster high-level development and meaningful learning opportunities, it also provides solutions for social/emotional, behavioral, motivational, and achievement issues.



Packed with practical tips, real-life scenarios, current research, and best practices, **Serving the Needs of Your Smart Kids** is a guidebook for parents, teachers, and school leaders who strive to create an environment that

serves the unique characteristics of the advanced learner. Students will thrive as supporters learn and implement cutting-edge strategies that meet their specific social, emotional and academic needs with budget-sensitive and student-centered actions. Get started today in creating positive learning environments for your smart kids!



Insight Into a Bright Mind: A Neuroscientist's Personal Stories of Unique Thinking by Dr. Nicole Tetreault
Examine research into the minds of bright individuals to gain a better understanding of how intelligent

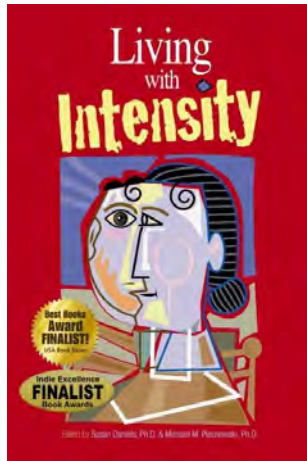
minds function. This book is packed with research and data on how exactly bright minds operate and gives tips on how to embrace your giftedness and reach your brain's full potential.



Boosting Your Child's Natural Creativity

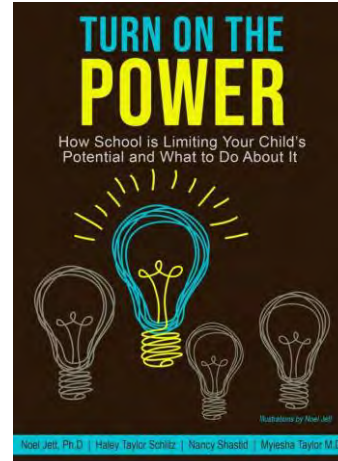
Creativity is both a capacity we are born with and a skill we can further develop. Take a deep dive into what creativity is, how it manifests itself, and how to

support and nurture your child's (and perhaps your own!) creativity. It is a guide to fostering creativity and sustaining the creative spirit in children both at home and at school. Filled with examples and practical suggestions, this exciting book describes parenting for creativity, teaching organizational skills, and ways to preserve and enhance one's own creativity.



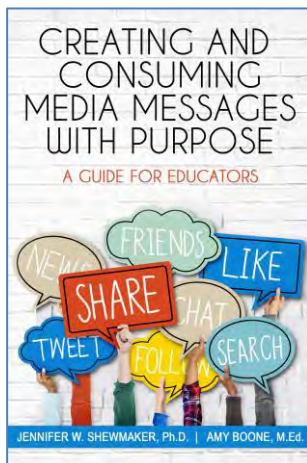
***Living with Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults* by: Susan Daniels, Ph.D., Editor, Michael M. Piechowski, Ph.D.,**

Editor This book explores living with intensity throughout the different developmental stages of a gifted individual's lifetime. It will dive into detail about sensitivity, excitability, and emotional development to give the reader a better understanding of how these factors play out during different developmental stages.



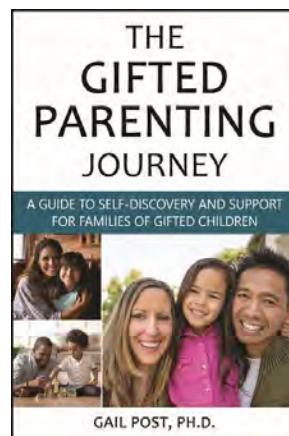
***Turn On the Power: How School is Limiting Your Child's Potential and What to Do About It* by Noel Jett, Ph.D., Haley Taylor Schlitz, Ph.D., Nancy Shastid, and Myiesha Taylor, M.D.**

Sometimes the traditional method of schooling may not be best suited for the needs of gifted individuals. This book explores alternative schooling options that may be better suited for gifted students and families from the perspective of mother and daughter pairs who succeeded with alternative forms of schooling.



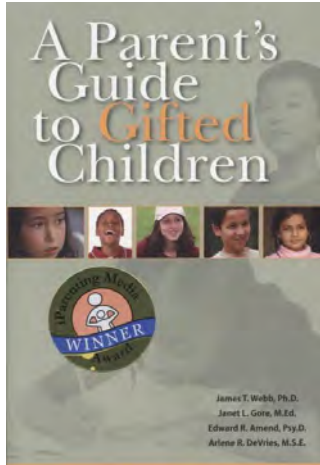
***Creating and Consuming Media Messages with Purpose: A Guide for Educators* by Jennifer Shewmaker, Ph.D., Amy Boone M. Ed**

The media holds a huge place in the lives of everyone, accompanied by positive and negative effects. This book is a guide for educators to gain a better understanding of the media as a whole and guide them in creating lesson plans that promote beneficial skills in media consumption and creation.



***The Gifted Parenting Journey: A Guide to Self-discovery and Support for Families of Gifted Children* addresses the needs and emotional life of parents of gifted children. Parents must navigate a**

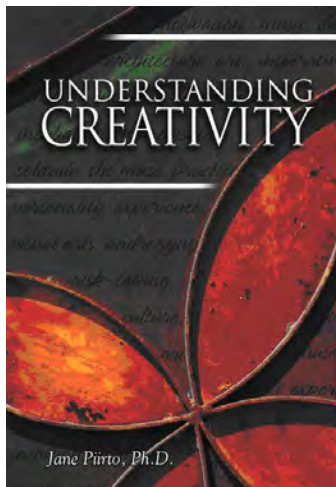
maze of heightened intensity and astonishing intellectual abilities. This book guides parents along their journey, exploring what they might worry about and how to weather and even thrive despite roadblocks to their child's education, criticism from others, and their own self-doubts. Provides guidance, resources, practical tools and guidelines for improving their parenting skills.



***A Parent's Guide to Gifted Children* by: James T. Webb, Ph.D., ABPP-CI, Janet L. Gore, M.A., M.Ed., Edward R. Amend, Psy.D., Arlene R. DeVries, M.S.E.**

Gain practical advice on raising a gifted child from the lens of four individuals with

years of experience in working with gifted individuals. This guide gives advice on areas such as peer relationships, motivation, stress, and education planning.



***Understanding Creativity* by Jane Piirto, Ph.D**

Take a look into the minds of creative individuals and get a glimpse into just how diverse creativity can be. This book shows real life examples of successful, creative individuals while helping parents and

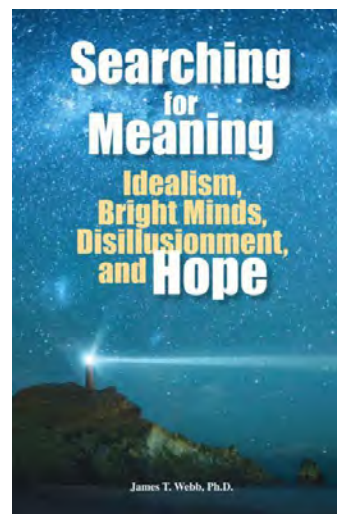
teachers identify and encourage creativity in the youth they are surrounded by.



Misdiagnosis and Dual Diagnoses of Gifted Children and Adults:

ADHD, Bipolar, OCD, Asperger's, Depression, and Other Disorders (2nd edition) by James T. Webb, Ph.D., ABPP-CI, Edward Amend, Psy.D., ABPpN, Nadia

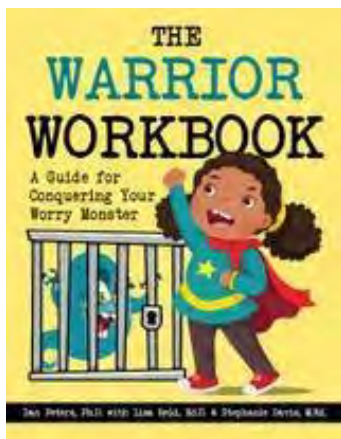
E. Webb, Psy.D., Marianne Kuzujanakis, M.S. M.P.H., F. Richard Olenchak, Ph.D., Jean Goerss, M.D. One huge issue for individuals in the gifted community is misdiagnoses of certain behavioral or mental disorders which can lead to things like unnecessary therapy or medication. This book can help parents and professionals gain a better understanding on what behaviors are normal for a gifted individual and what may need a diagnosis.



***Searching for Meaning: Idealism, Bright Minds, Disillusionment, and Hope* by James T. Webb, Ph.D.**

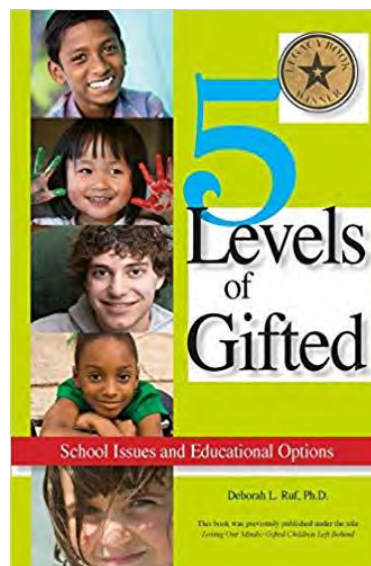
Idealists may become discouraged in the world today when it comes to searching for meaning. This

book offers advice for those individuals in overcoming their existential depression and finding ways to better manage their emotions and start taking steps towards a new perspective.



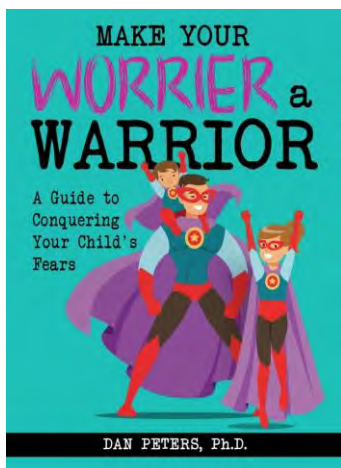
The Warrior Workbook: A Guide for Conquering Your Worry Monster by Dan Peters, Ph.D., with Lisa Reid Ed.D., and Stephanie Davis M.Ed. Kids go through life with their own set of worries and fears, and this

book will teach your child how to conquer those fears. This workbook will help your child build their own toolbox filled with strategies to help deal with all the worries they encounter.



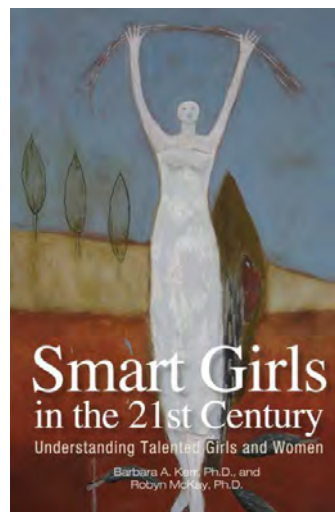
5 Levels of Gifted: School Issues and Educational Options by Deborah L. Ruf, Ph.D. Like most things, giftedness exists on a continuum. Gifted kids

have different needs at different stages and this book offers advice on how to meet a child's needs at each stage, with a large focus on educational needs.



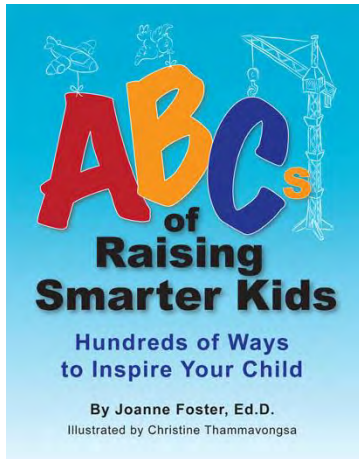
Make Your Worrier a Warrior: A Guide to Conquering Your Child's Fears by Dan Peters Ph.D. Going through life with worries and fears is very common for everyone, including the gifted child population. This book will teach you

strategies on how to help your child overcome their worries and conquer the fears they encounter in everyday life.



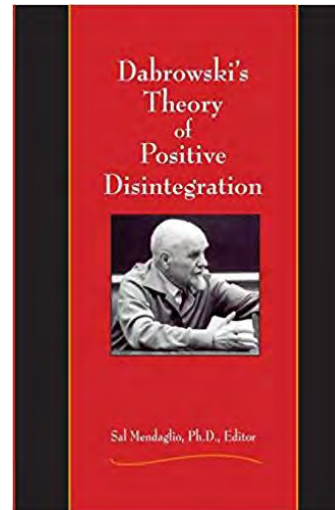
Smart Girls in the 21st Century: Understanding Talented Girls and Women by: Barbara A. Kerr, Ph.D., Robyn McKay, Ph.D. Put together through academic

research of talented girls and women, this book will teach you valuable information on the ins and outs of working with and being a modern smart girl.



In *ABCs of Raising Smarter Kids: Hundreds of Ways to Inspire Your Child*, award-winning author and gifted education expert Dr. Joanne Foster reveals ways to help kids thrive.

Moving from A to Z, she offers helpful information on child development and shares hundreds of current resources and practical suggestions. Each letter/chapter features a different thematic focus to help foster children's intelligence and nurture their highest potential and core strengths.



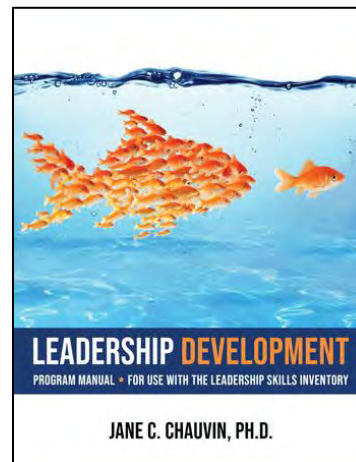
Dabrowski's Theory of Positive Disintegration Sal Mendaglio, Ph.D., Editor
One of the most influential theories on gifted education is Dabrowski's Theory of Positive Disintegration.

This book offers many different perspectives on this theory and provides readers with a deep understanding of Dabrowski's theory and how it compares to other personality and psychological development theories.



Some of My Best Friends Are Books: Guiding Gifted Readers (3rd edition) by Judith Wynn Halsted, M.S.
Reading the right books is just as important as reading itself. Well-written books are a necessity for gifted children to

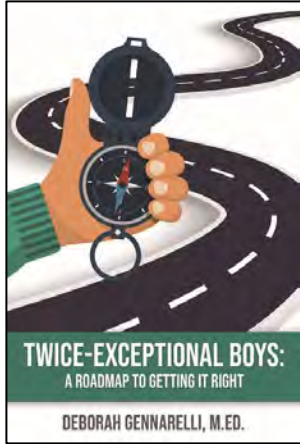
gain insights and build their skills. This book will help you guide your children and students in the right direction when choosing books to read.



Leadership Development Program, 3rd Ed.

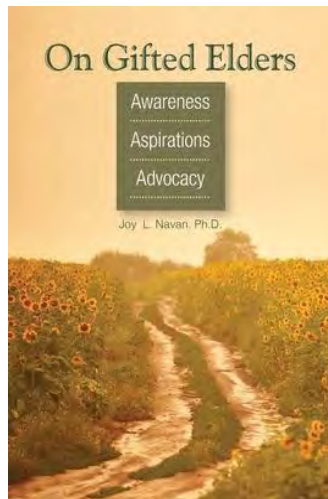
How will we produce these new leaders? How will their potential be identified and how will they be trained for leadership positions? This program, with its

Leadership Skills Inventory and associated activities, is suitable for all ages in a variety of settings. This newly revised edition includes characteristics of high leadership potential, development of leadership potential, skills in written communication, speech, character building, decision making, group dynamic, planning, and activities to develop leadership for each scale of the leadership skills inventory.



Twice-Exceptional Boys takes readers on an invaluable journey to learn about the challenges faced by this group of talented but perplexing students. If not planned for and properly supported, twice-exceptional (2e) boys frequently

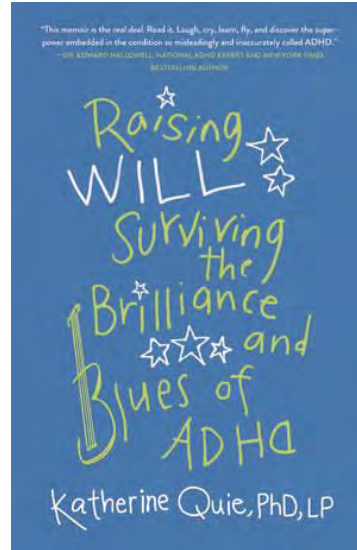
develop significant problems, including increased dropout rates. Societal myths and stereotypes about boys often keep gifted boys from expressing their true selves. While coping with the stresses of both giftedness and learning differences, they also are expected to conform to norms about “how boys should be.” Boys can act out, underachieve, and engage in risky behaviors because they are frustrated that their learning is stunted. Written for parents who seek to be strong advocates for their sons and teachers who need to identify and plan for these students and for.



On Gifted Elders: Awareness, Aspirations, Advocacy by Dr. Joy Navan

It is important to acknowledge giftedness in elders as well as children. This book addresses the importance of continued learning for gifted elders and

offers strategies to help meet the needs of this population.



Raising Will: Surviving the Brilliance and Blues of ADHD:

"This memoir is the real deal. Read it. Laugh, cry, learn, fly, and discover the superpower embedded in

the condition so misleadingly and inaccurately called ADHD." --Dr. Edward Hallowell, national ADHD expert and *New York Times* bestselling author



Raising Passionate Readers: 5 Easy Steps to Success in School and Life

is a practical parent-friendly handbook filled with easy-to-do, effective, science-based tips

and strategies that can be used in the course of normal everyday routines to boost language skills and instill an enduring love of reading in infants, toddlers, and new readers.