



## YORWERTH ASSOCIATES FOREIGN & TRANSLATION RIGHTS CATALOG ♦ MARCH 2021

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Yorwerth Associates represents best-selling titles in nonfiction and fiction genres, specializing in self-help, personal growth, health, spirituality, world religions, business, parenting, and gifted children. If you are interested in reviewing any of the listed books we represent for foreign or translation rights, we will be happy to send PDFs to you.

*(Please note: This catalog begins with our top 10 foreign rights best-sellers followed by our new titles. The remainder of our full catalog begins on page 4.)*

### TOP 10 FOREIGN RIGHTS BEST-SELLERS

Zen and the Art of Happiness (over 250,000 sold;  
published in 32 foreign editions)

Honor Yourself: The Inner Art of Giving and  
Receiving (published in 22 foreign editions)

Think and Grow Rich: The Original Version,  
Restored and Revised, *Now fully annotated  
and indexed, NEW REVISED EDITION.*  
By Napoleon Hill, compiled by Ross Cornwell

The Laws of Love: Creating the Relationship of  
Your Dreams

You Can Read Anyone: Never Be Fooled, Lied to,  
or Taken Advantage of Again

Tao Te Ching by Stephen Mitchell (over 1 million  
copies sold in the U.S.)

Find Out Who's Normal and Who's Not

The Alcoholism and Addiction Cure

Be Who You Want, Have What You Want: Change  
Your Thinking, Change Your Life

The Lost Years of Jesus: Documentary Evidence of  
Jesus' 17-Year Journey to the East ( over 300,000 sold)

### NEW TITLES

#### *New Business:*

Achieve Beyond Expectations: Master the 5  
Intangibles to Make the Impossible, Possible!

The Influencer Code: How to Unlock the Power of  
Influencer Marketing

Breaking Ceilings: Your Company's Blueprint for  
Achieving True Sustainable Growth

Be a Network Marketing Millionaire: Proven Step-  
by-Step Formulas to Achieve Your Dream Life Faster

Rise to Success: The Secret Power of Your Brain to  
Change Your Life

#### *New Self-Help:*

Resilience: How We Find New Strength in Times of  
Stress

Water Up Fire Down: An Energy Principle for  
Creating Calmness, Clarity, and a Lifetime of  
Health

Say Goodbye to Plastic: A Survival Guide for  
Plastic-Free Living

Small Happiness & Other Epiphanies

Live Passionately: The Blueprint to Design a Life Truly Worth Living

The Rewired Life: Creating a Better Life through Self-Care and Emotional Awareness

The Rewired Life Workbook: A Manual for Wellness

A Beautiful Morning: How a Morning Ritual Can Feed Your Soul and Transform Your Life

Raising Will: Surviving the Brilliance and Blues of ADHD

Deep Coaching: Using the Enneagram as a Catalyst for Profound Change

Deep Living with the Enneagram: Recovering Your True Nature (Revised and Updated)

Connect: How to Find Clarity and Expand Your Consciousness with Pineal Gland Meditation

Life's in Session: New Year's Goals

Life's in Session: Because You Are Ready for a Changes

Life is in Session for Breakup & Divorce / Principles to Let Go and Live Now!

The Happiness Manual: 21 Ways to Stay Happy No Matter What

Victoria's Voice: Our Daughter's Dying Wish to Share Her Diary and Save Lives from Drugs

Vocal Medicine: Transformation through Sound

Flower Symbols: Discover the Meaning of Flowers in Folklore, Religion and Popular Culture

Women: Where Would the World Be without You?

Secrets of Health and Happiness

Love Is Action: How to Change the World with Love

Mars: The Astrological Planet

## *New Spirituality:*

Shaman's Mind: Huna Wisdom to Change Your Life

The Afterlife: What *Really* Happens in the Hereafter

Sex Death Enlightenment: A True Story (new edition of international bestseller)

The Book of Householder Koans: Waking Up in the Land of Attachments

Reincarnation: The Phoenix Fire Mystery: An East-West Dialogue on Death and Rebirth from the Worlds of Religion, Science, Psychology, Philosophy

H.P.B. The Extraordinary Life & Influence of Helena Blavatsky, Founder of the Modern Theosophical Movement by Sylvia Cranston

Gandhi @ 150: Celebrating the Mahatma's Relevance Today

Mystery of Death: Awakening to Eternal Life

Enlightened Contemporaries: Francis, Dōgen, and Rūmī: Three Great Mystics of the Thirteenth Century and Why They Matter Today

Sparks of Celtic Mystery: Soul Poems from Éire

The World of Religions

Living Hinduism: Scriptures, Philosophy, Practices

How to Work with Nature Spirits: Bringing Balance to the Earth in Times of Environmental Change

Archangel Michael: Improve Your Life with the Help of Archangel Michael

Spirit of the Indian Warrior

Black Elk, Lakota Visionary

Devas and Nature Spirits: and How to Communicate with Them

Animal Sutras: Animal Spirit Stories  
(by bestselling author Stephen Levine)

Soul Life of Animals: Love, Consciousness, and the Human-Animal Relationship

Hildegard of Bingen: Scientist, Composer, Healer and Saint (beautifully illustrated children's book)

Leonardo and the Twelve Stones (*analyzes for the first time the symbolism of the 12 precious stones in Leonardo da Vinci's Last Supper*)

A Trilogy in Maya Book One: Viewpoints— Integrating Parallel Universes

### **New Health:**

The Five Elements of Healing: A Practical Guide to Making Sense of Your Symptoms

The Fiber Effect: Stop Counting Calories and Start Counting Fiber for Better Health

Be Heart Smart: Understand, Treat, and Prevent Coronary Heart Disease

The Green Elephant: The Healthcare Provider's Essential Guide to Understanding and Addressing Medical Cannabis and CBD

Got Testosterone?: Men—Return to the Sexier, Stronger, Smarter You!

Reverse Depression Naturally: Alternative Treatments for Mood Disorders, Anxiety and Stress

Exercises for Parkinson's Disease: The Complete Fitness Guide to Improve Mobility, Strength and Balance

Exercises for Sciatica: A Simple & Effective Self-Care Program for Pain Relief & the Treatment of Sciatica

101 Best Pyramid Training Workouts

101 Best Rowing Workouts

Pilates for Athletes

Living with Endometriosis Workbook and Daily Journal

The Complete Hummus Cookbook: Over 100 Recipes - Vegan-Friendly

Strong Legs: The All-In-One Program for Shaping Your Lower Body

Gymnastic Rings Workout Handbook: Over 100 Workouts for Strength, Mobility and Muscle

The High School Athlete: Basketball: The Complete Fitness Program for Development and Conditioning - For Players and Coaches

Outdoor Physique: Your Portable Body Transformation

Living with Alpha-1 Antitrypsin Deficiency: Complete Guide to Risk Factors, Symptoms & Treatment Options

The Joy of Cycling: Inspiration for the Urban, Sport & Recreational Cyclist - Includes Over 200 Quotations

The Joy of Running: An Inspired Collection of Quotations for Those Who Love to Run

### **New Parenting / Gifted Children:**

ABCs of Raising Smarter Kids: Hundreds of Ways to Inspire Your Child

Insight into a Bright Mind: A Neuroscientist's Personal Stories of Unique Thinking

The Warrior Workbook: A Guide for Conquering Your Worry Monster

Bright, Talented, and Black: A Guide for Families of African American Gifted Learners

Turn On the Power: How School is Limiting Your Child's Potential and What to Do About It

5 Levels of Gifted: School Issues and Educational Options

Some of My Best Friends Are Books: Guiding Gifted Readers (3rd edition)

Smart Girls in the 21st Century: Understanding Talented Girls and Women

Creating and Consuming Media Messages with Purpose: A Guide for Educators

Understanding Creativity

On Gifted Elders: Awareness, Aspirations, Advocacy

Dabrowski's Theory of Positive Disintegration

The Mommy MD Guide to Feeding Your Baby Right

### **New Gift Books / Quotations:**

The Angler's Book of Favorite Fishing Quotations: An Inspired Collection of Wit and Wisdom for Those Who Love to Fish

The Book of Chinese Proverbs: A Collection of Timeless Wisdom, Wit, Sayings & Advice

The Golfer's Book of Wit & Wisdom: The Complete Collection of Golf Jokes, One-Liners & Witty Sayings

The Joy of Fitness: An Inspiring Collection of Motivational Quotations

A Mother's Love: An Inspired Collection of Quotations Celebrating Motherhood

### **New Fiction:**

White Crane, Lend Me Your Wings: A Tibetan Tale of Love and War

The Lacquered Curtain of Burma

A Shepherd Boy on the Road to Damascus: How a Boy's Generous Heart Forever Transformed a Town in Syria (illustrated children's book)

Shiva (illustrated children's book)

Lolo's Superpower (illustrated children's book)

## **OTHER YORWERTH ASSOCIATES TITLES**

### **SELF-HELP**

Zen and the Art of Happiness (over 250,000 sold)

Honor Yourself: The Inner Art of Giving and Receiving

Think and Grow Rich: The Original Version, Restored and Revised, Now fully annotated and indexed NEW REVISED EDITION (2015), by Napoleon Hill, Compiled by Ross Cornwell

100 Great Events that Changed the World

Seven Steps to Inner Power: How to Break Through to Awesome

How to Hug a Porcupine: Easy Ways to Love the Difficult People in Your Life

I've Decided to Live 120 Years: The Ancient Secret to Longevity, Vitality, and Life Transformation

Mindfulness in Nature

I Am the Mind: The Master Key to Achieve Anything You Want (over 100,000 copies sold)

30 Days to Happiness: Daily Meditations and Actions for Finding True Joy within Yourself

Towards Winning: 6 Steps to Transform Your Life

Finding Beauty: 170 Ways to Look on the Bright Side

High Hopes: 170 Ways to Lift Your Spirits

Make the Most of You: 170 Ways to Be the Best You Can

Stop Stalling and Start Writing: Kick the Excuses and Jumpstart Your Nonfiction Book

The Kindness Quotient: How the Power of Kindness Creates Success at Home, At Work and in the World

30 Days to Happiness: Daily Meditations and Actions for Finding True Joy within Yourself

How Much of Yourself Do You Own? A Process for Building Your Emotional Resources

Listening for Well-Being: Conversations with People Not Like Us

Great Stories by Nobel Prize Winners

The World's 100 Greatest Speeches

100 Great Events That Changed the World

52 Questions for Friends: Learn More about Your Friends One Question at a Time

52 Questions for Relationships: Learn More about Your Relationship One Question at a Time

52 Questions for Families: Learn More about Your Family One Question at a Time

Are We Happy Yet? Eight Keys to Unlocking a Joyful Life

Digging Deep: Unearthing Your Creative Roots through Gardening

The Power Brain: Five Steps to Upgrading Your Brain Operating System

The Brain Power Classroom

The Joy of Me: The Art of Being Selfish

How to Get to Awesome: 101 Ways to Find Your Best Self

Everyday Happiness Mantras: Maps to the Happiness Quotient

5 Break-Free Truths: Discover Your Potential and Achieve Extraordinary Success

Destination Happiness: 20 Secrets Revealed

Aging with Wisdom

When I Look to the Sky: A Collection of Quotes, Poems, and Prayers for Loss, Grief, and Healing

Live the Best Story of Your Life

Be Positive, Think Positive

The World's Most Inspiring Thoughts

It's All a Matter of Attitude

Aspire Before You Expire: A World-Class Manual on Why & How to Pursue Your Dreams

What Then? A Journey of Self-Discovery

Be Happy and Live Long: Manage your Stress and Time, Happily!

Living Tao: Timeless Principles for Everyday Enlightenment

The Law of Attraction: Master the Universal Energy to Unleash Your Potential

A Quantum Life: Using Mysteries of Science to Create the Life You Want

Connecting: Rewire Your Relationship-Culture

Empower Yourself: 31 Inspirational Ideas to Live Life to the Fullest

Say No to Negatives

Successful Survivors: The 8 Character Traits of Survivors and How You Can Attain Them

The Laws of Love: Creating the Relationship of Your Dreams

Living the Life You Love: The No-Nonsense Guide to Total Transformation

Happy Together: Creating a Lifetime of Connection, Commitment, and Intimacy

Find Out Who's Normal and Who's Not

You Can Read Anyone: Never Be Fooled, Lied to, or Taken Advantage of Again

The Alcoholism and Addiction Cure

Be Who You Want, Have What You Want

The Light Process: Living on the Razor's Edge of Change

Transforming Everyday Conflict: Tools, Tips and Roadmaps to Better Communication and Stronger Relationships

The SuperWoman's Guide to Super Fulfillment: Step-by-Step Strategies to Create Work-Life Balance

How to Love Your Kids More than You Hate Your Ex

Manners that Matter Most: The Easy Guide to Etiquette At Home and In the World

The Secret Strength of Angels: 7 Virtues to Live By

You Are Woman, You Are Divine: The Modern Woman's Journey Back to the Goddess

You Are Woman, You Are Divine: Workbook

Keys: The Secret to a Happy and Regret-Free Life

A Fistful of Love: Wisdom and Humor from a Monk's Bowl

100 Inspiring Stories to Uplift Your Life

I Am Another You: A Journey to Powerful Breakthroughs

The Perfect World: A Journey To Infinite Possibilities

License to Live: A Seeker's Journey to Greatness

Coming into Your Own: A Woman's Guide through Life Transitions

Absolutely You!: Overcome False Limitations and Reach Your Full Potential

Sexual Power: You've Got It – Now Use It

Thinking Aloud: A Selection of Original Inspirational Quotes

The Write Way: Becoming a Successful Writer

Memory Power

The Power and Light That Is You: A Guide to Enlightened Self Expression

Reclaiming the Wild Soul: How Earth's Landscapes Restore Us to Wholeness

Love and Happiness: Eros According to Dante, Shakespeare, Jane Austen, and the Rev. Al Green

The Bones and Breath: A Man's Guide to Eros, the Sacred Masculine, and the Wild Soul

100 Stories You Will Never Forget

Burn Anger Before Anger Burns You

Practicing Spiritual Intelligence



Lies of Weight Loss

Karma Kurry for the Mind, Body, Heart & Soul

Can You Teach a Zebra Some Algebra: The Alchemy of Learning

100 Great Inspiring Stories

Peace in Our Hearts, Peace in the World

Change: Realizing Your Greatest Potential

Wise Words: Insightful Reflections

The Write Way: Becoming a Successful Writer

You're Not Broken: You Need to Harness Your Inner Power

Read Yourself, Read Others: Recognize the Right Partner at First Sight

Fly like a Dragon: 108 Tao Principles to reach Your Goals

Effortless Meditation (not Indian subcontinent)

Psychology & the Perennial Philosophy

Death as Gateway to Eternity

An Illustrated Outline of Buddhism

The Compassionate Warrior

The Law of Attraction: Making It Work for You

How to be Wildly Wealthy Fast

The Meditation Lifestyle: Going Beyond the Practice

The Intimate Enemy: Winning the War within Yourself

365 Days to Let Go

Apprentice of the Heart

As We Grieve

A Beautiful Grief: Reflections on Letting Go

A Beautiful Death: Facing the Future with Peace

5 Steps to a Quantum Life: How to Use the Astounding Secrets of Quantum Physics to Create the Life You Want

Give Wings to Your Dreams

5 Minutes a Day Dream-Action Path

Fulfill Your Soul's Purpose

Brain Wave Vibration

Principles of Brain Management: A Practical Approach to Making the Most of Your Brain

In Full Bloom: A Brain Education Guide for Successful Aging

Stop the Fear: Finding Peace in a Chaotic World

The Little Book of Secrets: Gentle Wisdom for Joyful Living

Conversations with Cosmo: At Home with an African Grey Parrot

Hang in 'Til the Miracle Happens

Follow Your Feelings

Make Your Heart Sing

The Happiness Code

What Do Women Want from Men?

Encyclopedia of Numerology: The Mysteries of Numbers Revealed by the Ancient Masters

Secrets of the Seventh Day: A Man's Guide to Eros, the Sacred Masculine, and the Wild Soul

## **BUSINESS**

Think and Grow Rich: The Original Version,  
Restored and Revised, Now fully annotated and  
indexed NEW REVISED EDITION (2015), by  
Napoleon Hill, Compiled by Ross Cornwell

Top Visionaries Who Changed the World:  
*Featuring Steve Jobs, Bill Gates, Mark  
Zuckerberg, Warren Buffett, Elon Musk, Oprah  
Winfrey, Tony Robbins, Richard Branson &  
Arnold Schwarzenegger*

CEO Tools 2.0: A System to *Think, Manage, and  
Lead* Like a CEO

Buddha at Work: Finding Balance, Purpose and  
Happiness at Your Workplace

The Million Dollar Decision: Get Out of the  
Rigged Game of Investing and Add a Million to  
Your Net Worth

Jack Ma: Success Secrets

Steve Jobs: Success Secrets

Bill Gates: Success Secrets

Mark Zuckerberg: Success Secrets

Warren Buffett: Success Secrets

Elon Musk: Success Secrets

Raise the Bar, Change the Game: A Success  
Primer for Budding Entrepreneurs Who Want to  
Change the World

Small Mistakes, Big Consequences: Develop Your  
Soft Skills to Help You Succeed

Emotional Poverty in All Demographics: How to  
Reduce Anger, Anxiety, and Violence in the  
Classroom

Brand Intimacy: A New Paradigm in Marketing

Faster, Smarter, Higher: Managing Your Career

MBA through Stories: The Art of Effective  
Management through 44 Effective Stories

It's OK to Be Rich: The Entrepreneur's Guide to  
Increased Wealth and Personal Mastery

Workplace Stability: Creating Conditions That  
Lead to Retention, Productivity, and  
Engagement in Entry-Level Workers

Dissolve the Box

Stop the Saboteurs: Conquer Negative Thoughts  
that Hurt Your Revenue and Your Brand

The Bright Idea Box: A Proven System to Drive  
Employee Engagement and Innovation

The Science of Sales

Leading with Purpose

18 Holes for Leadership: How a Round of Golf  
Can Make You a Better Leader! A Business  
Tale for Leaders

It's All About Millimeters: How Small Changes Can  
Make a Big Impact in Your Business and Your Life

Zero to Infinity

New Age Leadership; An Open Minded Approach  
for the New Generation

Mad Money Journey: A Financial Adventure

Awaken the Leader in You

Ready, Steady, Go: 50 Ways to Fast Track Your  
Career

Build from Scratch—Steps, Strategies and  
Practical Insights into Building a Successful  
Startup

Grab Success by the Horns

In the Spirit of Success



Business Balance & Beyond

The Problem with Money? It's Not About the Money—Mastering the Unexamined Beliefs That Drive Our Financial Lives

What It Takes to be an Entrepreneur

Power, Passion, and Purpose: 7 Steps to Energizing Your Life

Passionate Action: 5 Steps to Creating Extraordinary Success in Life and Work

Journey to You: A Step-by-Step Guide to Becoming Who You Were Born to Be

Getting a Grip on Leadership

## **HEALTH**

The Five Elements of Healing: A Practical Guide to Making Sense of Your Symptoms

Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential

Good Health, Good Life with Tao

Never Grow Old

Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery

Your Natural Medicine Cabinet: A Practical Guide to Drug-Free Remedies for Common Ailments

The Survival Medicine Handbook: A guide for when medical help is NOT on the way

Yoga for Diabetes

Mental Health Emergencies

The Parkinson's Playbook: A Game Plan to Put Your Parkinson's on the Defense

Reverse Heart Disease Naturally: The Step-by-Step Guide

Reverse Inflammation Naturally

Reverse Alzheimer's Disease Naturally: Alternative Treatments for Dementia including Alzheimer's Disease

Reverse Thyroid Disease Naturally

Love Your Organs, Love Yourself

Don't Diet! 50 Habits of Thin People

Belly Button Healing: Unlocking Your Second Brain for a Healthy Life

The Teenage Body Book

Obesity Prevention for Children

The Other Side of Bipolar

The Aromatic Dog: Essential oils, hydrosols, & herbal oils for everyday dog care

Healthy Dogs, Your Loving Touch

Who Stole My Calories?

The Eat-Right Prescription

7 Days to Live Forever: The Fountain of Plan for Reversing the Clock

Living with Metabolic Syndrome: The Complete Guide to Risk Factors, Prevention, Symptoms and Treatment Options

Osteopathy for Children: Holistic and Natural Treatments for the Developing Infant, Toddler & Growing Child

Reverse Gut Diseases Naturally: The Step-by- Step Guide

What to Know Before Seeing Your Pediatrician

The Oxygen Revolution: Hyperbaric Oxygen Therapy – Breakthrough Gene Therapy for traumatic Brain Injury & Other Disorders

The Dry Eye Remedy: The Complete Guide to Restoring the Health and Beauty of Your Eyes

Exercises for Cancer Wellness

To Our Health: A Gluten Free/Dairy Free, Nutrient Dense, Proper Food-Combining, Whole Foods Guide to a Lifestyle of Wellness

The First Milk Diet: Your Anti-Aging Secret

Standing, Sitting, Walking, Running: How Your Posture Affects Your Mind

The Power of Posture

Rewired: A Bold New Approach to Addiction and Recovery (more than 40,000 copies sold)

The Rewired Life: Creating a Better Life through Self-Care and Emotional Awareness

The Rewired Workbook: A Manual for Addiction Therapy

The Rewired Coloring Book

Breaking Dependency: Learning to Let Go and Be Free from the Inside Out

Malibu Beach Recovery Diet Cookbook: Quick and Tasty Recipes to Help Break the Cycle of Alcoholism and Addiction

Natural Pregnancy: Practical Medical Advice and Holistic Wisdom for a Healthy Pregnancy and Childbirth

The Oxygen Revolution: Hyperbaric Oxygen Therapy

So You Want to Live to Be 100? The No Pill Cure for High Cholesterol

Unjunked: Healthy Eating for Weight Loss

Made in India: 60 Mouthwatering Recipes from Desi kitchens and Bylanes by Kunal Vijaykar

How to Look Like a Million Bucks: Everything you wanted to know about flawless skin and healthy hair

Pathways to Health: An Integral Guidebook

Food Fix: Ancient Nourishment for Modern Hunger (food addiction)

Never Grow Old: Living Healthy and Staying Young with Tao Principles

The Whole Health Warrior: Your Guide to Living Healthier and Longer

Cooking Fresh for Everyone: A Year of Recipes from the Garrison Institute

Energy Healing for Everyone: A Path to Wholeness Awakening

Power Eating Program: You Are How You Eat

Kidney Health & Natural Bladder Control

Backpacker's Ultra Food

The Pilates Path to Health

Moving Beyond A.D.D./A.D.H.D.

The Common Sense Diet: The Art of Healthy Eating Habits

Interpreting Chronic Illness: The Convergence of Traditional Chinese Medicine, Homeopathy, and Biomedicine

## **HEALTHY COOKING**

The Candida Cure Cookbook: Delicious Recipes to Reset Your Health & Restore Your Vitality

The Dirty Vegan Cookbook: Your Favorite Recipes Made Vegan

Vegan Challenge: The 30-Day Program for Eating Healthier and Improving Your Diet with Vegan Foods

The Mamma Mia! Diet: The Secret Italian Way to Good Health (Eat Pasta, Enjoy Wine & Lose Weight)

## **GIFT BOOKS / QUOTATIONS**

The Joy of Friendship: A Thoughtful and Inspiring Collection of 200 Quotations

Cowboy Wisdom: Over 200 Quotes about the Old West

An Old-Fashioned Christmas: Favorite Yuletide Quotes and Traditions

A Garden of Inspiration: Quotations for Lovers of Gardening and Growing

52 Questions for Friends: Learn More about Your Friends One Question at a Time

52 Questions for Relationships: Learn More about Your Relationship One Question at a Time

52 Questions for Families: Learn More about Your Family One Question at a Time

Great Stories by Nobel Prize Winners

Celebrate Love: A Romantic Collection of Wedding Day Quotes

*Insbearations*: Warm and Wise Words of Encouragement

100 Great Events that Changed the World

Celebrate Love: A Romantic Collection of Wedding Day Quotes

Reel Wisdom: More than 500 Inspirational Quotes for Movie Lovers

The Book Lover's Treasury of Quotations

The Cat Lover's Quotation Book

The Dog Lover's Quotation Book

Successful Philanthropy: How to Make a Life by What You Give

## **PARENTING / GIFTED CHILDREN**

A Parent's Guide to Gifted Children

Misdiagnosis and Dual Diagnoses of Gifted Children and Adults: ADHD, Bipolar, OCD, Asperger's, Depression, and Other Disorders (2nd Edition)

Waves of Healing: How Surfing Changes the Lives of Children with Autism

Perfectionism: A Practice Guide to Managing "Never Good Enough"

This Way Is Easier, Dad: How My Daughter Saved Me from Growing Up

Bust Your Buts: Tips for Teens Who Procrastinate

Perfectionism: A Practice Guide to Managing "Never Good Enough"

Make Your Worrier a Warrior: A Guide to Conquering Your Child's Fears

Living with Intensity: Understanding the Sensitivity, Excitability, and the Emotional Development of Gifted Children, Adolescents, and Adults

- Searching for Meaning: Idealism, Bright Minds, Disillusionment, and Hope (on gifted children and adults)
- This Way Is Easier, Dad: How My Daughter Saved Me from Growing Up
- Raising Passionate Readers
- Easy Meals for Happy Toddlers
- The Mommy MD Guide to Surviving Morning Sickness
- Mommy MD Guide to Getting Your Baby to Sleep
- The Mommy MD Guide to Pregnancy and Birth
- The Mommy MD Guide to Your Baby's First Year
- The Mommy MD Guide to the Toddler Years
- The Mommy MD Guide to Losing Weight and Feeling Great
- The Mommy MD Guide to Twins, Triplets and More: More than 200 tips that 12 doctors who are also mothers of multiples use to raise their own twins, triplets & more
- A Framework for Understanding Poverty: For Educators, Policymakers, Employers, and Service Providers (*1.8 million copies sold*)
- Bridges Out of Poverty: Strategies for Professionals and Communities
- Bridges to Sustainable Communities:
- A Systemwide Cradle-to-Grave Approach to Ending Poverty
- Getting Ahead in a Just Getting'-By World: Building Your Resources for a Better Life
- Facilitator Notes for Getting Ahead in a Just Getting-By World: Building Your Resources for a Better Life
- Working with Students—Discipline Strategies for the Classroom
- Working with Parents: Building Relationships for Student Success
- Tactical Communication: Mastering Effective Interactions with Citizens of Diverse Economic Backgrounds (First Responder Edition)
- Research-Based Strategies: Narrowing the Achievement Gap for Under-Resourced Learners
- Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential
- Nurturing Your Child's Inner Life: How to Help Your Child Find Peace, Harmony, and Purpose
- Nurturing Your Child's Inner Life (Spanish)
- Sitting Moon: A Guide to Natural Rejuvenation After Pregnancy
- The Package and the Baggage: Help for Couples and Their Counselors

### **CHILDREN and YOUNG ADULT**

- So You Want to Know about the Environment
- The Rock Maiden
- Talking to God: Prayers for Children from the World's Religions
- Ocean Friends: A Journey beneath the Sea
- Gifts from the Enemy (For children ages 8-12, a moving story about Nazi concentration camp teen survivor Alter Wiener)
- Tibetan Tales from the Top of the World

Tibetan Tales for Little Buddhas

When Animals Were People

Sorcerers: A Novel by Jacob Needleman

## **GREEN LIVING**

Order of the Sacred Earth: An Intergenerational  
Vision of Love and Action

Backyard Farming: Homesteading – The Complete  
Guide to Self-Sufficiency

## **SPIRITUALITY**

Tao Te Ching by Stephen Mitchell

The Second Book of the Tao by Stephen Mitchell

In Harmony with the Tao: A Guided Journey into  
the Tao Te Ching (Francis Pring-Mill and Stephen  
Mitchell)

Spiritual Rebel: The Positively Addictive Guide to  
Finding Deeper Perspective and Higher Purpose

How I Found God in Everyone and Everywhere:  
*(Never-before-published journeys and discoveries  
by 12 leading spiritual writers and teachers,  
including Deepak Chopra, Richard Rohr,  
Matthew Fox, Rupert Sheldrake, Cynthia  
Bourgeault, and others)*

The Dalai Lama Book of Quotes

Questions for the Dalai Lama: Answers on Love,  
Success, Happiness, & the Meaning of Life

Spirit of the Earth: Indian Voices on Nature

The Heart of the Goddess: Art, Myth and  
Meditations of the World's Sacred Feminine

Black Elk, Lakota Visionary: The Oglala Holy Man  
and Sioux Tradition

Wounds into Wisdom: Healing Intergenerational  
Jewish Trauma

Spiritual Transmission: Paradoxes and Dilemmas  
on the Spiritual Path

The Language of Singing Bowls: How to Choose,  
Play and Understand Your Bowl

Secrets of Meditation: Going Beyond the Practice

Pause: Making Time to Walk with God

A Heart Afire: Stories and Teachings of the Early  
Hassidic Masters

The Earthy Mysticism of St. Teresa, the Wild  
Woman of Avila

Native Spirit—the Sundance Way

The Cheyenne Indians: Their History and Lifeways

The Spiritual Legacy of the American Indian

The Gospel of the Red Man

The Image Taker: The Selected Stories and  
Photographs of Edward S. Curtis

Conversations in the Spirit: Lex Hixon's WBAI 'In  
the Spirit' Interviews—A Chronicle of the  
Seventies Spiritual Revolution

Grassroots Zen

Idylls from the Garden of Spiritual Delights &  
Healing

Gitanjali: Rabindranath Tagore

Love is Stronger than Death: The Mystical Union  
of Two Souls

Rumi—53 Secrets from the Tavern of Love

Five Pillars of Prosperity: Essentials of Faith-Based Wealth Building (written by a leading Muslim financial advisor)

Conversations in the Spirit: Lex Hixon's WBAI In the Spirit Interviews (Radio Interviews with World Famous Spiritual Leaders)

Mantras for Peace of Mind

Be in the Driver's Seat: 31 Inspirational Ideas to Live Life to the Fullest

Home at Last: A Journey to Higher Consciousness

Spirituality in Daily Life: Experiencing God Everyday

A Treasury of Sufi Wisdom: The Path of Unity

Finding a Higher Love: A Spiritual Guide to Love, Sex and Relationships

Odyssey of Your Soul: A Voyage of Self-Discovery

The Human Aura: How to Activate and Energize Your Aura and Chakras

Your Seven Energy Centers: A Holistic Approach to Physical, Emotional, and Spiritual Vitality

The Story of Your Soul: Recovering the Pearl of Your True Identity

Alchemy of the Heart: How to Give and Receive More Love

Soul Mates and Twin Flames: The Spiritual Dimension of Love and Relationships

How to Work with Angels

Karma and Reincarnation: Transcending Your Past, Transforming Your Future

Is Mother Nature Mad? How to Work with Nature Spirits to Mitigate Natural Disasters

Becoming God: The Path of the Christian Mystic

Fallen Angels and the Origins of Evil: Why Church Fathers Suppressed the Book of Enoch and Its Startling Revelations

Fallen Angels Among Us

Saint Germain on Alchemy: Formulas for Self-Transcendence

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